



child care
resources
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tip|sheet

Ideas and information about child development and early education for parents, professionals and the community-at-large.

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Mecklenburg County Office - MAIN

4600 Park Road, Suite 400
Charlotte, NC 28209
Main line (704) 376-6697
Fax line (704) 376-7865

Cabarrus County

Training/Main (704) 786-1023
Fax line (704) 786-1034

Union County Office

105-A Cedar Street
Monroe, NC 28110
Training/Main (704) 238-8810
Fax line (704) 238-8811

Email:

mailbox@childcareresourcesinc.org

To access these Tip Sheets, please visit www.childcareresourcesinc.org or call Child Care Search at 704-348-2181 to speak with a Parent Counselor.

child care search

Resource & Referral Service

Mecklenburg County (704) 348-2181

Cabarrus County (704) 786-1024

Union County..... (704) 238-8800

Rowan County (704) 550-0103

Stanly County (704) 210-1008

Tips for Improving Your SACERS Score!

Part II - Health and Safety

The following tips will help you assess your programs in the Health and Safety component of the School-Age Care Environment Rating Scale (SACERS).

1. Provide a written handbook to both parents and employees that indicate the following:
 - procedures to follow if a child gets sick or is injured during program/activity hours (contacting the parent, separating the sick child away from others)
 - evacuation procedures during an emergency
 - requirements of child health records (immunization, physical, allergies, medication, and other conditions)
 - medical requirements of staff (physical exam, CPR, first-aid, and TB test)
 - rules for managing contagious illnesses, arrival and departure procedures, if a child arrives late or is absent
 - requirements for staff training to detect signs of illness, safety and emergency procedures, CPR and first aid (at least one staff, but recommend all staff), child abuse and neglect, and reporting when necessary
 - requirements surrounding administering medication to children
 - rules regarding who can call the facility for a child, who can pick up a child and the verification needed from guardian or parent
 - requirements surrounding meals and snacks (USDA standards required for a high score) and food allergies
2. Have a medical consultant (doctor or nurse) available to handle health questions from staff if needed.
3. Post the children's allergies (food or other) along with schedules for administering medications. Also post evacuation procedures, emergency procedures, and safety rules and discuss them with the children.
4. Teach children about good health practices (nutrition, hand washing and brushing of teeth)
5. Provide feedback to parents regarding their child's physical and mental health concerns.
6. Make sure the facility has passed a fire safety inspection and that regular daily inspections take place of the grounds, facilities and equipment to identify and eliminate potential hazards.
7. Ensure that there will always be two adults present in case of an emergency.
8. Make sure written emergency information, a telephone, and a first aid kit are easily accessible to all staff.

restrictions considered in preparation and serving of meals/snacks.

- information about nutritional value of food children will be offered in the program

- requirements of children and staff regarding personal hygiene (hand washing upon arrival to program, prior to meals, after meals, after returning from outside and after clean up).