# Case Management Strategies for Success: Utilizing Assessment

### Purpose

This course focuses on incorporation of assessment results into all aspects of ongoing case management.

### Learning Objectives

Upon completion of this course, you will be able to:

- Use assessment results from various assessment tools and sources in program plans and case management decisions.
- Appraise W-2 participants' progress in their goals and program activities.
- Support assessment utilization through documentation.

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### W-2 Contact Information

Questions regarding this training material should be directed via your local agency process to the Partner Training Team,

Email: PTTTrainingSupp@wisconsin.gov

A contact person is available to answer e-mailed questions related to this training material, assist you in completing any activity that you are having difficulty with, and/or provide explanation of anything else about this training material.

Questions regarding W-2 production cases and systems should be directed via your local agency process to the BWF Work Programs Help Desk at: Email: <u>bwfworkprogramshd@wisconsin.gov</u> Telephone: (608) 422-7900. W-2 Policy questions should be directed to your Regional Office staff.

DCF is an equal opportunity employer and service provider. If you have a disability and need information in an alternate format, or need it translated to another language, please contact (608) 535-3665 or the Wisconsin Relay Service (WRS) – 711.

For civil rights questions call (608) 422-6889 or the Wisconsin Relay Service (WRS) – 711.

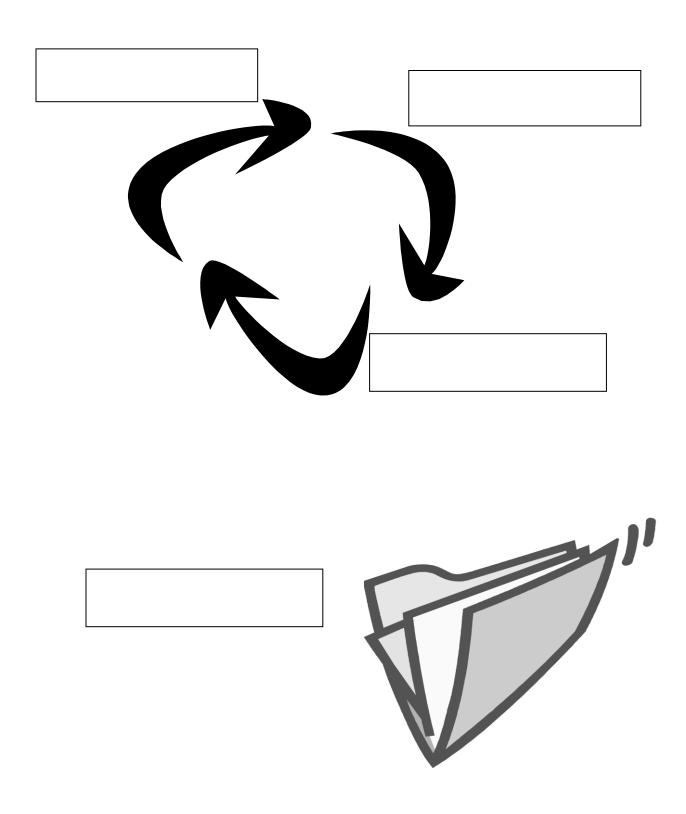
# Zoom

In order to understand a participant's story, we need to see the big picture and understand the details.



- 1. What parallels can you draw between this and working with W-2 participants?
- 2. How do you ensure you see the big picture when working with a participant?

# **Assessment Process Model**



# Why Assessments?

What do you get from assessments?

What do participants get from assessments?

# From the Front Lines...

**One and Done** asks, "Why do we need to do so many different types of assessments?" While listening to the broadcast, think of other answers to One and Done's question.



# Assessments

# **Assessment Matching**

Draw a line to match the type of assessment to the description.

Type of Assessment	Description
Informal Assessment	Assesses a participant's capacity to become employed and remain employed, establish realistic vocational goals and develop a plan to achieve them
Formal Assessment	Determines the skills a participant already has
Vocational Evaluation	Assess a participant's work personality (attitude, ethic, etc.)
Career Assessment: Work Styles	Identifies careers that may fit a participant's interests
Career Assessment: Skills	Establishes the extent, severity, and effect of any disability along with the need for services/accommodations
Career Assessment: Interests	Gathers information regarding a participant and their family

# **Collective Knowledge**

What information do you get from each of these assessments?

Informal Assessment:

Formal Assessment:

Vocational Evaluation:

Career Assessments: Workstyles:

Skills:

Interests:

# **Utilizing Assessment Results**

Why did we ask you to complete the Adult Learning Assessment?

How did you feel after completing it and setting it off to the side?

As a W-2 worker, where/how can I utilize assessment results?



# **Mini-Scenario Stations**

### Fred

List five next step action items that you may do with or offer to Fred.

- •
- •
- -
- •
- •

#### Notes:

### Darrin

List five topics that you would address with Darrin at his appointment today.

- •

- •





### Nicole

How do you cover the results of this assessment with her? List five key items to discuss with her.

- •
- •
- •
- •
- •

### Notes:

### Cory

List five things to discuss with Cory.

- •
- •
- •
- •





## Gail

What are five questions or discussion topics you have with Gail, based on this assessment?

- •
- •
- •
- •



### Describe your comfort level with using each assessment.

Educational Needs Assessment (Fred)



Career Assessment: Interest (Darrin)



Action Plan for Improvement:

Vocational Evaluation (Nicole)



Action Plan for Improvement:

Physician's Assessment (Cory)



Action Plan for Improvement:

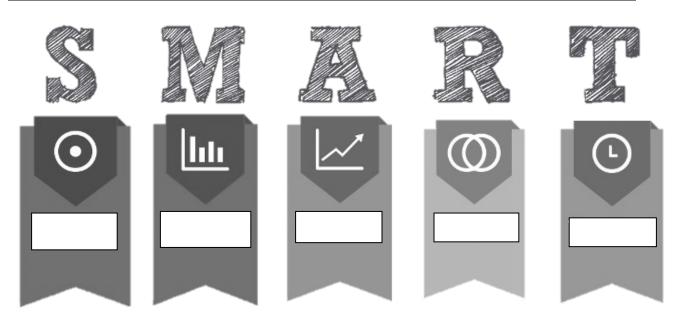
Mental Health Assessment (Gail)



Action Plan for Improvement:

Action Plan for Improvement:

# **SMART Goals**

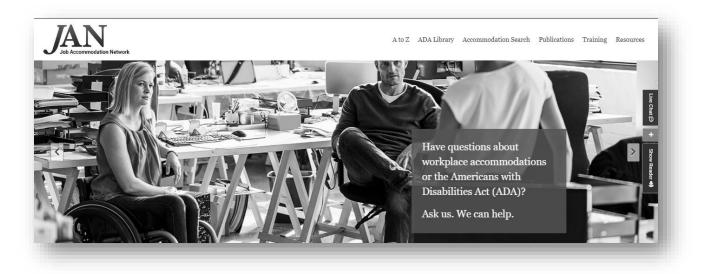


Achieve More by Setting SMART Goals can be found with the following link: <u>https://www.youtube.com/watch?v=yA53yhiOe04</u>

# Accommodations

### A Resource for Accommodations: askjan.org

JAN is the Job Accommodation Network. Their website, <u>www.askjan.org</u>, has information on the ADA, disabilities, and accommodation ideas for those disabilities.



# **Evaluation of Assessments**

Notes:

## From the Front Lines...

**Get to the Point** asks, "Why do we need to even evaluate assessment results?" While listening to the broadcast, think of other answers to Get to the Point's question.



# **Evaluation**

Evaluating results involves both the	and the	·
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Understanding assessme	nt results allows	participants to	
0			/

not	 	

Notes:

### What do you gain by asking these questions?

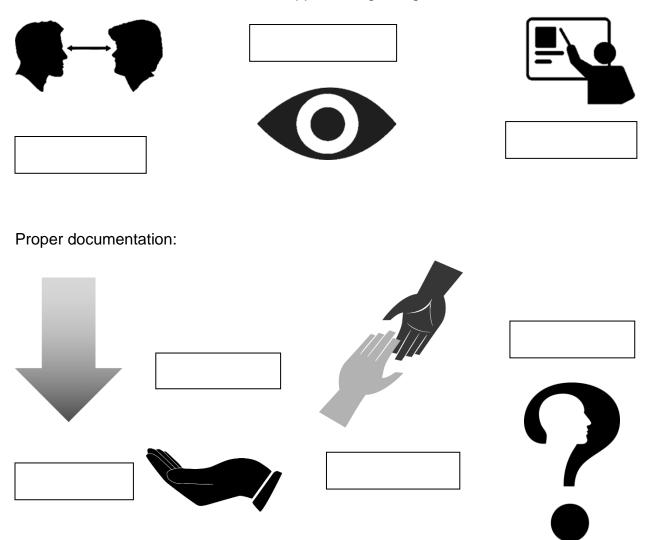
What does the result mean to the participant?

What actions need to be taken regarding our case management plan?

What further assessment is needed?

# Documenting

Documentation means recording your comments and information received in the case record. Documentation records what happened regarding:



Let's practice.

#### Example:

You are meeting with Shonda Quill to go over her career assessment results with her. Her interest inventory results show that she is Realistic and Social. Her current goals were to get a degree in computer science and become a computer programmer. You and Shonda discuss how these results may conflict with her current goals because she would not be able to be outdoors or work with many people. Shonda agrees that they do not align, and states she was pursing that field because her mom said it would pay well. You and Shonda update her goals and activities to better align what she is interested in.

PIN Comment:

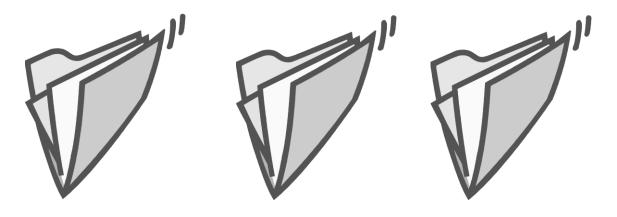
# From the Front Lines...

**Commenting for Days** asks, "Why do we need to be documenting our rationale for utilizing the assessment results?" While listening to the broadcast, think of other answers to Commenting for Days' question.



Notes:

# **Documenting through PIN Comments**



# **Appraise Progress**

The Three R's

**Reassess:** 

Reengage:

**Reevaluate:** 





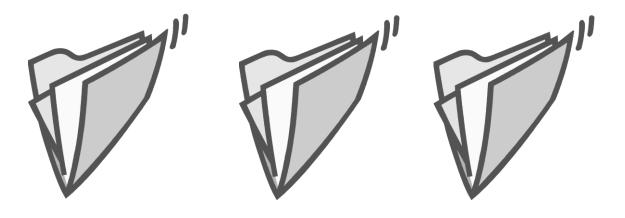


# What would you do?

Notes:

# **Revisiting Documentation**

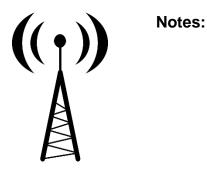
Looking at the response card you chose in the previous activity, document the actions that were taken like you would in PIN comments.



## From the Front Lines...

**No Talk, No Action** asks, "Why should I bother commenting every time someone doesn't answer my phone calls, or there is another appointment where no progress is made?"

While listening to the broadcast, think of other answers to No Talk, No Action's question.



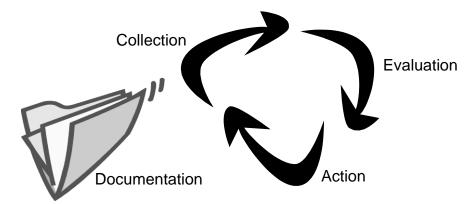
# Summary

Assessment is \_\_\_\_\_\_ throughout the time participants are in W-2.

Results \_\_\_\_\_\_ to be \_\_\_\_\_ as part of ongoing case management.

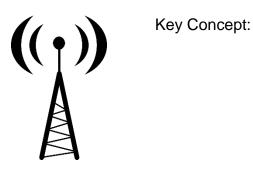
As \_\_\_\_\_\_ takes place, goals and activities are updated to

\_\_\_\_\_ the new information.



# What's In It For Me (WIIFM)?

Create your own broadcast for participants telling them why using assessment results benefits **them**. First choose your key concept, then write your broadcast message.



Broadcast Message:

# Appendix

# **Appendix A: Fred**

#### Individual Profile: Fred

Report Criteria				
ID:	00010	State:	Wisconsin	Test Scheduler:
Test Name: TABE 9 Co	omplete Battery	District:	FVTC	Tonya Teacher
Test Finish Date:	10-14-2019	School:	Downtown	-
Report Date:	10-14-2019	Class:	Friday ABE	

Test Results						
Content Area	Level	Nun	Number of Questions			Grade
		Total	Correct	Attempted	Score	Equivalency
Applied	Е	50	26	45	426	3.3
Mathematics						
Language	E	50	17	40	407	2.8
Math Computation	E	40	17	32	419	3.5
Reading	E	50	29	42	430	3.0
Total Mathematics*					422	3.4
Total Battery**					419	3.1

#### Note:

Level

• This is the level he tested into with his locator test.

#### Scale Score

• The scale score is what is used to compare performance with average test takers in the same level and content area. These can be compared across subject areas and TABE levels.

#### Grade Equivalency

- The grade equivalency mirrors the typical structure seen in K-12 education, with the numbers representing a particular school year and month. These scores are not comparable across different test levels.
- \* Average Applied Mathematics and Math Computation
- \*\* Average of all scores

# **Appendix B: Darrin**

Printed for: Darrin

#### **O\*NET Interest Profiler: Career List**

#### Your interest results:

Realistic29Investigative21Artistic16Social17Enterprising11Conventional3

#### Careers that fit your interests and preparation level:

🐐 Best	: fit 🖏 Great fit
<b>%</b> 0	Medical Appliance Technicians
<b>%</b> 0	Veterinary Assistants & Laboratory Animal Caretakers
5 °	Commercial Divers
5	Forest & Conservation Technicians
5	Municipal Firefighters
5	Potters, Manufacturing
5	Precious Metal Workers
53 O	Radiologic Technologists
5	Robotics Technicians
53 O	Veterinary Technologists & Technicians

#### Other careers that fit your interests:

#### Job Zone One: Little or No Preparation Needed

💃 Best fit 🛛 🖏 Great fit

53	Agricultural Equipment Operators
53	Farmworkers & Laborers, Crop
53 O	Fishers & Related Fishing Workers
53 O	Hunters & Trappers
5	Meat, Poultry, & Fish Cutters & Trimmers
옷 이	Roustabouts, Oil & Gas
	Fabric Menders
	Painting, Coating, & Decorating Workers
	Plasterers & Stucco Masons
0	Septic Tank Servicers & Sewer Pipe Cleaners

#### Job Zone Two: Some Preparation Needed

*	Best	fit   份 Great fit
53		Animal Breeders
똜	0	Animal Trainers
53		Excavating & Loading Machine & Dragline Operators
53		Forest Firefighters
53		Mine Cutting & Channeling Machine Operators

#### **Job Zone Three**

Medium Preparation Needed

- Multiple Machine Tool Setters, Operators, & Tenders, Metal & Plastic
- Nursery Workers
- Rail Car Repairers
- Sheet Metal Workers
- Solderers & Brazers

#### Job Zone Four: High Preparation Needed

💃 Best fit 😚 Great fit

*	Fish & Game Wardens
53	Foresters
	Aerospace Engineers
	Agricultural Engineers
	Automotive Engineers
	Electronics Engineers
	Energy Engineers
	Mechanical Engineers
-0	Museum Technicians & Conservators
	Solar Energy Systems Engineers

#### Job Zone Five: Extensive Preparation Needed

🛠 Bes	t fit      行 Great fit
<b>%</b> 0	Acupuncturists
<b>%</b> 0	Surgeons
£3 0	Allergists & Immunologists
53 O	Anesthesiologist Assistants
£3 0	Anesthesiologists
53 O	Athletic Trainers

- 😳 🍈 Chemistry Teachers, Postsecondary
- 🚱 🌻 Chiropractors
- 😳 🄍 Dentists, General
- 🚰 🄍 Dermatologists
- n Human Factors Engineers & Ergonomists
- 😳 🍭 Medical Scientists
- 🖏 🄍 Nurse Anesthetists
- 🖏 🍈 Obstetricians & Gynecologists
- 🚱 🄍 Oral & Maxillofacial Surgeons
- 😳 🍭 Orthodontists
- 🚱 🄍 Orthoptists
- 🖏 🍈 Orthotists & Prosthetists
- 🚱 🍭 Preventive Medicine Physicians
- 🚱 🌻 Prosthodontists
- 🚱 🍭 Radiologists

- Soil & Plant Scientists
- 🐉 🍭 Sports Medicine Physicians
- 🚱 🍭 Urologists
- 🚱 🍭 Veterinarians

#### Special Notice: Proper Use of O\*NET Interest Profiler Results

You should use your O\*NET Interest Profiler results to explore the world of work and identify careers that may satisfy what is important to you in a job-your interests. You will be able to look at the interests satisfied by careers and compare them to your own interests. Talk to a vocational/employment counselor or teacher for more help on how to use your O\*NET Interest Profiler results.

Your O\*NET Interest Profiler results should not be used for employment or hiring decisions. Employers, education programs, or other job-related programs should not use your results as part of a screening process for jobs or training.

If you think that your **O\*NET Interest Profiler** results are being used incorrectly, talk to your vocational/employment counselor, teacher, or program administrator. You also can contact the National Center for O\*NET Development for assistance.

National Center for O\*NET Development Attention: Customer Service P.O. Box 27625 Raleigh, NC 27611 Email: <u>0\*NET Customer Service</u> (onet@onetcenter.org)

# **Appendix C: Nicole**

### **Vocational Evaluation Report**

Name: Nicole

#### Length of Evaluation: 2 days

**Reason for Referral:** Nicole is being referred by the W-2 agency to ascertain her cognitive functioning. Reports from her workshop facilitator and worksite provider indicate difficulty understanding directions, focusing, and navigating social interactions through proper communication. Statement from Case Manager also reports that Nicole informed her that she "has trouble understanding things sometimes." Due to all of these items, Case Manager suspects there may be cognitive deficits. No additional records provided, as she declined other formal assessments.

**Background Information:** Nicole is a 19-year-old female with a four-month-old child. She lived with her baby's father for six months, but moved back home two weeks before her child was born due to breaking up with the father. Nicole graduated from West High School last year with a 2.5 GPA, by her report. She indicated her strongest core skills were in science, but preferred music and gym. She reports that she was diagnosed with ADHD in high school. She took part in a different classroom for homeroom and study hall where she received help with homework. Nicole reports that she received several detentions a semester for causing disruptions during class. She has experienced working in several different fast food restaurants, none of which lasted more than five months. Nicole was fired from her most recent position at Wendy's. She states it was due to not getting along with co-workers.

### Vocational History: (Employer/Job Title/Primary Duties)

December 2018 – January 2019: Wendys/Cook/wash, cook, and prepare food February 2018 – July 2018: McDonalds/Crew Member/take orders, clean tables

**Observations:** Nicole arrived on time for her first appointment, and was 15 minutes late for her second appointment. She reports that she was late because it took longer than expected dropping her child off at daycare. During her initial interview, she appeared to be nervous. When asked about it, she stated that she doesn't like to be judged. Evaluator explained that she would not judge her, but rather make recommendations to assist her. This appeared to ease some of Nicole's nervousness. Her hygiene and grooming were within appropriate limits regarding her age. When asked about her current living situation, Nicole brought up the father of her child, citing him as a cheater. Evaluator redirected her to her current situation. Nicole brought up the father of her child 6-7 times over the period of the 2 days that she was being assessed. During her interactions with the Evaluator, she asked personal questions and asked for advice. Evaluator declined to answer each time, but she asked again at least once an hour. When provided a list of tasks to complete, Nicole repeatedly asked for instructions. She would work on the task for 15-30 minutes at a time and then appeared to get distracted.

Wechsler Adult Intelligence Scale, fourth addition (WAIS-IV):						
	Composite Score	Percentile Rank	Confidence Interval	Qualitative Descriptor		
Verbal Comp.	85	16	80-91	Low Average		
Perceptual Reasoning	82	15	80-91	Low Average		
Working Memory	70	2	82-93	Low		
Processing Speed	90	17	85-94	Low Average		
Full Scale IQ	82	15	82-90	Low Average		

#### Assessments Administered:

The WAIS-IV was administered to Nicole to as a measure of her intellectual functioning and cognitive abilities. Results reflect that her Full Scale Intelligence Quotient (FSIQ) was measured to be in the Low Average range and at the 15<sup>th</sup> percentile. Her strongest area of performance was on the measure of Processing Speed. Nicole's scores show that her cognitive abilities are below most others her age in the general population.

#### **Recommendations:**

- 1. Further develop social skills Nicole's interactions with Evaluator and comments submitted prior to evaluation indicate that she struggles with effectively socializing with others. A mentor or job coach is recommended to be at a work site and/or workshop setting to aid Nicole in navigating social relationships. Providing small rewards and feedback for positive interactions will help reenforce appropriate behavior. It is not recommended that Nicole pursue unsubsidized employment until social skills are better developed.
- Continue W-2 participation Nicole will benefit from the support and assistance provided by the W-2 agency. Providing instructions and plans in multiple formats would help her participate to the best of her ability. An audio recorder and/or written instructions should be provided when she expected to complete more than two tasks over a period of more than 30 minutes. Nicole functions best in environments with limited distractions, such as a guiet environment.
- Consider follow-up with a medical and/or mental health provider Nicole demonstrated resentment regarding her baby's father. Her insistence on bringing him up suggests that she is unable to move on and may benefit from speaking with a professional. Nicole also indicated that she performed better in school when she was taking medication. She has since stopped that medication and has regressed. Nicole may benefit from resuming a medication regimen.

# **Appendix D: Cory**

#### DEPARTMENT OF CHILDREN AND FAMILIES

Division of Family and Economic Security

# WME

#### MEDICAL EXAMINATION AND CAPACITY

Personal information you provide may be used for secondary purposes [Privacy Law, s. 15.04 (1)(m), Wisconsin Statutes].

The provision of your Social Security Number (SSN) is mandatory under Wisconsin Statutes 49.145 (2)(k). Your SSN may be verified through computer matching programs and may be used to monitor compliance with program regulations and program management. Your SSN may be disclosed to other Federal and State Agencies for official examination. If you do not provide your social security number, your application for benefits will be denied.

Participant Name	Date of Birth	Social Security Number
Cory Pentel	08,01,1984	895-625-6296

Name of Professional Provider		Professional Title		
David Ford		MD		
Office Address	City		State	Zip Code
5585 Belknap St	Superi	or, WI	WI	54880

Dear Health Professional,

The individual named above is an applicant/participant in the **Wisconsin Works (W-2)** program. The purpose of this form is to gather information about this individual's current ability to participate in W-2 activities.

W-2 is a program designed to help individuals become self-sufficient through work and work readiness activities. In order to assign appropriate activities, it is important for us to have an idea of what tasks and assignments this individual is capable of. It is also important for us to know about accommodations and modifications that may assist this individual in participating in work readiness activities.

Activities that can be a part of a W-2 placement include:

- o job readiness/life skills workshops;
- education and job skills training;
- o on-the-job work experience;
- o recommended medical treatments; and
- o counseling and physical rehabilitation activities.

Please answer the following questions concerning this individual's medical condition(s):

1. How frequently is the patient scheduled to meet with you? Every six months

Regarding current course of treatment, how long have you been meeting with this patient? 4 years

When is your next scheduled appointment with this patient? 2 weeks

- Are you aware of any other health care professionals who are currently treating this person? If yes, please identify provider name and purpose of treatment: Jamie Ener, Orthopedic Surgeon
- 3. Diagnosis/Condition: Carpal Tunnel in both wrists
- Prognosis: (if the patient's condition is related to pregnancy, please enter the expected date of birth) Surgery for right wrist scheduled for 1 week, left wrist scheduled for 3 weeks

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5.	When did your patient's symptoms begin (estimate date)? Five years ago					
	Is it likely that your patient's symptoms will last 6 months or longer? 🔲 Yes 🛛 No					
	Is it likely that your patient's symptoms will last 12 months or longer? 🗌 Yes 🛛 No					
6.	What kind of treatment plan is the patient involved in? What is the expected outcome? Was completing physical therapy, which was no longer working. Surgery scheduled for both wrists to take place within the month. Strength building post-surgery expected to take 6-8 weeks, but then should have full recovery.					
	If schedule for treatment plan is known, please include below or attach:					
7.	What type of environment or conditions could help this person function most effectively in a variety of daily activities? Unable to write, type, or complete any other manual manipulation immediately following surgery. Will be able to do more as strengthening progresses. Once back at full capacity, no special environments/conditions required.					
8.	This individual may have his/her vocational capacity assessed. What, if any, accommodations should be provided for the assessment? <u>N/A</u>					
9.	Is the patient attending scheduled appointments? X Yes No					
0.	If no, please explain and list missed appointment dates:					
	Do you attribute the missed appointments to the impairment(s)?					
	Yes No					
10.	Identify any psychological conditions that you are aware of:					
	Depression       Anxiety         Somatoform disorder       Personality disorder         Psychological factors affecting       Other:         physical condition       Other:					
11.	Physical Capacities         Maximum ability to lift and carry on an occasional basis (no more than 2 hours out of an 8 hour day).         No limitation       100 lbs.       50 lbs.       20 lbs.       10 lbs.       Other None until strength rebuilt					
	Maximum ability to lift and carry on a frequent basis (no more than 6 hours out of an 8 hour day)					
	Maximum ability to stand and walk (with normal breaks) during an 8 hour day. No limitation Ino more than 6 hours Ino more than 2 hours IO ther					
	How many city blocks can this individual walk without rest or severe pain? No restriction					
	Maximum ability to sit (with normal breaks) during an 8 hour day.					
DCF	E-F-DWSP2012 (R. 10/2018) 2					

For questions 12-14 below, "rarely" means 1%-5% of an eight-hour workday; "occasionally" means 6%-33% of an eight-hour workday; and "frequently" means 34%-66% of an eight-hour workday.

12. How often can this individual perform the following activities?

Activity	Never	Rarely	Occasionally	Frequently
Look down (sustained flexion of neck)				
Turn head right or left				
Look up				
Hold head in static position				
Twist				
Stoop (bend)				
Crouch/squat				$\mathbf{X}$
Climb ladders				
Climb stairs				X

13. Does this patient have significant limitations with reaching, handling, or fingering? 🛛 Yes 🗌 No

If yes, please indicate the percentage of time during an 8-hour day that your patient can use hands/fingers/arms for the following activities:

Activity		Never	Rarely	Occasionally	Frequently
Hand: Grasp, turn twist objects	Right				
	Left				
Fingers: Fine finger manipulation	Right				
	Left				
Arm: Reaching (include overhead)	Right				
	Left				

14. If your patient's symptoms interfere with performance of simple work task, please estimate the frequency of interference?

□ Never □ Rarely □ Occasionally ⊠ Frequently

- 15. What is your assessment of this individual's ability to communicate and see? No limitation
- 16. Is your patient making positive progress? 
  Yes X No

Please describe the progress or lack of progress. Physical therapy no longer working, surgery scheduled

17. Are the patient's impairments likely to produce 'bad' days? 🛛 Yes 🗌 No

If yes, on the average, how often do you anticipate that your patient's impairments would become acute so that the patient would be absent from work and/or other W-2 activities?

	Once per month or less
$\square$	About twice per month

Over twice per monthMore than 3 times per month

18. Does this person's medication(s) or treatment cause side affects that impact his/her ability to participate in a work/education environment (e.g., drowsiness, dizziness, nausea, etc.)?

🛛 Yes 🗌 No

If "Yes" specify: L	Jnable to write, typ	e, or com	plete any other manua	al manipulation for 3	weeks post-op
n rea apeeny. <u>e</u>	Shubic to white, typ	C, OI 00111	piece any other manage	a manipulation for c	

DCF-F-DWSP2012 (R. 10/2018)

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19. Does this person require any adaptive devices or other accommodations to help him/her function effectively in a work/education environment (e.g., assistive device for ambulation, need to alternate positions frequently, limits on pushing and pulling, operating hand or foot controls, accommodations for bending and stooping, part-time or flexible work schedule, etc.)?

🛛 Yes 🗌 No 🗌 Unknown

If "Yes" describe what is needed:

Will need assistance with writing, typing, and other manual manipulation for at least 3 weeks post-op

20. Identify any of the following that your patient is likely to experience:

	Low tolerance for frustration	Difficulty maintaining activities of daily living
	Difficulty communicating his/her needs	Difficulty with decision making
	Difficulty following instructions	Difficulty following through on agreed actions
	Inability to work with children	Panic attacks
	Difficulty working around other people	Difficulty with reality interpretation
	Difficulty controlling anger appropriately	Difficulty being in unfamiliar environment
	Socially inappropriate responses to situations	Difficulty with impulse control
	Seizures	Difficulty maintaining concentration
	Difficulty engaging in complex tasks that requirement judgment	Other:
	requiement judgment	
21.	Please recommend any other activities and services not in address his/her mental health impairment:	ncluded in your treatment plan that may help this individual further
	Assessment (please specify type)	Treatment and/or counseling (please specify)
	Advocacy for Social Security Income/Disability	Other
22	Additional Recommendations or Restrictions:	
22.		
23.	Considering this patient's condition(s) and limitation(s) ple would recommend?	ease indicate below what activities related to work and training you
	work/work experience activities	lls training
		ted job search activities
	job readiness/life skills workshops	
	If no recommendations, please explain:	
	Do not recommend any work related activities for at	least 1 week post-op and light work duties
	until follow-up appointment in 8 weeks	
24.	Estimate the number of hours a day (5 days a week) this in these recommendations : 0-20 depending on patient co	individual can participate in work/work readiness activities within omfort level
25.	If you have indicated anywhere on this form that this patie All activity to be limited immediately following post-o	nt is unable to participate in W-2 activities, please explain:
26.	Given your patient's current medical condition(s), please s provided should be reviewed: <u>8 weeks</u>	pecify a date when the recommendations that you have

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Name of Professional Provider		Title		Telephone Number	
David Ford	MD 2		715-889-6548		
Signature of Professional Pro	ovider	•		Date Signed	
David Ford			08/07/2019		
Return completed form to:					
Name of Agency Representa	Address		Date Sent		
Lucy Miller		856 E 2nd St		08/01/2019	
City	State	Zip Code	Telephone Number	Fax Number	
Superior	WI	54880	715-894-6326	715-894-6666	

DCF-F-DWSP2012 (R. 10/2018)

# Appendix E: Gail

#### DEPARTMENT OF CHILDREN AND FAMILIES Division of Family and Economic Security

# WPM

#### MENTAL HEALTH REPORT

Personal information you provide may be used for secondary purposes [Privacy Law, s. 15.04 (1)(m), Wisconsin Statutes].

The provision of your Social Security Number (SSN) is mandatory under Wisconsin Statutes 49.145 (2)(k). Your SSN may be verified through computer matching programs and may be used to monitor compliance with program regulations and program management. Your SSN may be disclosed to other Federal and State Agencies for official examination. If you do not provide your social security number, your application for benefits will be denied.

Participant Name		Date of Birth	Social Secur	ity Number
Gail Nash		02,02,1995	815-475-4454	
Name of Professional Provider		Professional Title	-	
		Licensed Professional Counselor		
Office Address	City		State	Zip Code
221 W. 16th Ave, Room 201 Milwa		ukee	WI	53527

Dear Mental Health Professional,

The individual named above is an applicant/participant in the **Wisconsin Works (W-2)** program. The purpose of this form is to gather information about this individual's current ability to participate in W-2 activities.

W-2 is a program designed to help individuals become self-sufficient through work and work readiness activities. In order to assign appropriate activities, it is important for us to have an idea of what tasks and assignments this individual is capable of. It is also important for us to know about accommodations and modifications that may assist this individual in participating in work readiness activities.

Activities that can be a part of a W-2 placement include:

- job readiness/life skills workshops;
- education and job skills training;
- o on-the-job work experience;
- o recommended medical treatments; and
- o counseling and physical rehabilitation activities.

Please answer the following questions concerning this individual's impairments:

1.	How frequently	y is the patient scheduled to meet with you?
	Weekly	y is the patient scheduled to meet with you?

Regarding current course of treatment, how long have you been meeting with this patient? 2 years, since birth of second daughter

When is your next scheduled appointment with this patient? Next Tuesday at 3:15pm

2. Are you aware of any other health care professionals who are currently treating this person? If yes, please identify provider name and purpose of treatment: Medical doctor for anxiety prescription

#### 3. DSM-IV-TR Multiaxial Evaluation:

- include code and diagnosis for each axis
- in addition to mental health, please include any diagnosis related to alcohol or other substance abuse

Axis IV:
Axis V: Current GAF:
Highest GAF Past Year:

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4. Identify your patient's signs and symptoms associated with this diagnosis:

	Poor Memory		Time or place disorientation
	Appetite disturbance with weight loss		Decreased energy
X	Sleep disturbance	X	Social withdrawal or isolation
	Personality changes		Blunt, flat or inappropriate affect
	Mood disturbance or lability		Illogical thinking or loosening of association
	Pathological dependence or passivity		Anhedonia or pervasive loss of interests
	Delusions or hallucinations		Manic syndrome
X	Recurrent panic attacks		Obsessions or compulsions
	Somatization unexplained by organic disturbance		Intrusive recollections of a traumatic experience
	Psychomotor agitation or retardation		Persistent irrational fears
	Paranoia or inappropriate suspiciousness	X	Generalized persistent anxiety
X	Feelings of guilt/worthlessness		Catatonia or grossly disorganized behavior
X	Difficulty thinking or concentrating		Hostility and irritability
	Suicidal ideation or attempts		Other:

5. If your patient experiences symptoms which interfere with attention and concentration needed to perform even simple work tasks, during a typical workday, please estimate the frequency of interference. For this question, "rarely" means 1% to 5% of an eight-hour working day; "occasionally" means 6% to 33% of an eight-hour working day; "frequently" means 34% to 66% of an eight-hour working day; and "constantly" means more than 66% of an eight-hour working day.

rarely	occasionally	frequently	constantly	
	naking positive progress			
Has been	progressing wi	th occasional s	set backs. Displays	s willingness
to try new	'strategies for a	anxiety and im-	prove sleep.	-

Describe any side affects of prescribed medications which may have implications					
for working, e.g., dizziness, drowsiness, fatigue, lethargy, stomach upset, etc.:					
or working, e.g., dizziness, drowsiness, fatigue, lethargy, stomach upset, etc.: Anxiety medication can help with better sleep if taken prior to bed, but					
can lead to inability to focus or complete tasks if taken during day					

- When did your patient's symptoms begin (estimate date)? As a teenager, not diagnosed until two years ago
- 8. Is it likely that your patient's symptoms will last 6 months or longer? X Yes No
- 9. Is it likely that your patient's symptoms will last 12 months or longer? X Yes No
- 10. Does the psychiatric condition exacerbate your patient's experience of pain or any other physical symptoms? ☐ Yes ⊠ No

If so, please explain:

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11. When completing the chart below:

\*A "Marked" degree of limitation may arise when several activities or functions are impaired or even when only one is impaired, so long as the degree of limitation is such as to seriously interfere with the ability to function independently, appropriately and effectively.

\*\*"Concentration, persistence and pace" refers to ability to sustain focused attention sufficiently long to permit the timely completion of tasks commonly found in work settings. This is often evaluated in terms of frequency of errors, assistance required and/or time necessary to complete simple tasks.

\*\*\* "Repeated" refers to repeated failure to adopt to stressful circumstances such as decisions, attendance, schedules, completing tasks, interactions with others, etc., causing withdrawal from the stress or to experience decompensation or exacerbation of signs and symptoms.

	FUNCTIONAL LIMITATION	DEGREE OF LIMITATION				
1.	Restriction of activities of daily living	None	Slight	Moderate	Marked*	Extreme
1.	Restriction of activities of daily living			$\square$		
2.	Difficulties in maintaining social functioning	None	Slight	Moderate	Marked*	Extreme
	Tuncuoning			X		
3.	Deficiencies of concentration, persistence	Never	Seldom	Often	Frequent	Constant
	or pace resulting in failure to complete tasks in a timely manner (in work settings or elsewhere) **				M	
4.	Episodes of deterioration or	Never		Once or	Repeated***	Continual
	decompensation in work or work-like settings which cause the individual to withdraw from that situation or to experience exacerbation of signs and symptoms (which may include deterioration of adaptive behaviors)			Twice		

- 12. Please describe any additional functional limitations not covered above that would affect your patient's ability to work in a job on a sustained basis:
- 13. On the average, how often do you anticipate that your patient's impairments would become acute so that the patient would be absent from work and other W-2 activities?

Once a month or le	ess
About twice a mon	th

Over twice a month More than 3 times a month

14. Has there been any recent acute episodes? If yes, please explain and give dates:

15. To determine your patient's ability to do work-related activities on a day-to-day basis in a regular work setting, please give us your opinion - based on your examination - of how your patient's mental/emotional capabilities are affected by the impairment(s). Consider the medical history, the chronicity of findings (or lack thereof) and the expected duration of any work-related limitations, but not your patient's age, sex or work experience.

For each activity shown below, describe your patient's ability to perform the activity according to the following items:

Unlimited to Very Good:	Ability to function in this area is more than satisfactory.
Good:	Ability to function in this area is limited but satisfactory.
Fair:	Ability to function in this area is seriously limited, but not precluded.
Poor or None:	No useful ability to function in this area.

	MENTAL ABILITIES AND APTITUDE NEEDED TO WORK	UNLIMITED TO VERY GOOD	GOOD	FAIR	POOR OR NONE
1.	Interact appropriately with general public		X		
2.	Understand, remember and carry out very short and simple instructions		X		
3.	Maintain attention for two-hour segment		X		
4.	Maintain regular attendance and be punctual with customary, usually strict tolerances		×		
5.	Sustain an ordinary routine without special supervision		X		
6.	Work in coordination with or proximity to others without being unduly distracted		×		
7.	Complete a normal workday and work week without interruptions from psychologically based symptoms		×		
8.	Perform at a consistent pace without an unreasonable number and length of rest			×	
9.	Accept instructions and respond appropriately to criticism from supervisors		×		
10.	Get along with co-workers or peers without unduly distracting them or exhibiting behavioral extremes		×		
11.	Respond appropriately to changes in a routine work setting			×	
12.	Deal with normal work stress		X		
13.	Be aware of normal hazards and take appropriate precautions		×		
14.	Deal with stress of semi-skilled and skilled work			×	
15.	Perform detailed or complicated tasks				
16.	Perform fast paced tasks (e.g., production line)			×	

🛛 Yes 🗌 No 16. Is the patient attending scheduled appointments?

If no, please explain and list missed appointment dates:

Do you attribute the missed appointments to the mental health impairment? $\Box$	Yes		No
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17. What kind of treatment plan is the patient involved in? What is the expected outcome? <u>Ongoing weekly counseling, medication as needed/documenting when needed</u> <u>Outcome: maintain safety, care, and stability of children, development of self</u> <u>care/self management of anxiety triggers</u>

If schedule for treatment plan is known, please include below or attach: See above

18. Please recommend any other activities and services not included in your treatment plan that may help this individual further address his/her mental health impairment:

Assessment (please specify type)

Treatment and counseling (please specify)

Advocacy for Social Security Income/Disability

Other \_\_\_\_\_

- 19. What type of environment or conditions could help this person function most effectively in a variety of daily activities? Provide clear directions, be friendly and approachable, pair with professionals with working knowledge of anxiety
- 20. Considering this patient's mental health condition and limitations please indicate below what activities related to work and training you would recommend?

X	work/work experience activities	X	job skills training
M	adult basic education/literacy	X	supported job search activities
	job readiness/life skills workshops		other

If no recommendations, please explain:

- 21. Estimate the hours a day (5 days a week) this individual can participate in work/work readiness activities within these recommendations? <u>5-8 per day with flexibility to leave and regroup, low stress</u>
- 22. Given your patient's current mental impairments, please specify a date when the recommendations that you have provided should be reviewed: <u>Reassessed at each counseling session</u>

Name of Professional Provider Title			Telephone Number			
Carole King,	Carole King, LPC Counselor		414-529-4258			
Signature of Professional Provider				Date Signed		
Carole Kin		03/01/2019				
Return completed form to:						
Name of Agency Representative Address				Date Sent		
Cary Sorenso	n	552 E S	outhland Ct.	03/01/2019		
City	State	Zip Code	Telephone Number	Fax Number		
Milwaukee	WI	53527	414-858-6454	414-858-6453		

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