Family Treatment Court Grant Program: 5-Year Report

Division of Safety & Permanence Bureau of Safety & Well-Being

September 2024



In compliance with 2017
Wisconsin Act 202, following is DCF's 2019-2023 5-Year report, which fulfills the Department's reporting requirements under Section 48.546 (6), Wis. Stats. by serving as both an analysis of the data gathered under Section 48.546 (5), Wis. Stats., and a progress report intended to evaluate the effectiveness of the family treatment court grant program.



Introduction

<u>2017 Wisconsin Act 202</u> authorized grants to be administered by the Department of Children and Families (DCF) to counties or tribes to enable them to oversee the establishment and operation of family treatment courts. <u>2017 Wisconsin Act 261</u> appropriated \$250,000 general purpose revenue funding per year to be administered by DCF for the operation of the family treatment court grant program.

Calendar year 2023 marked the fifth full year that grant funding was allocated to two programs: Dunn County Family Treatment Court and Rock County Family Recovery Court. Both programs began implementation in late 2019, and both programs will continue to receive this funding through 2024.

Family Treatment Court Grants

In 2018, DCF issued <u>DSP Information Memo Series 2018-38i</u> to notify counties and tribes of the availability of funding to establish two new treatment courts and explained the application process. Eligible applicants were counties and tribes seeking to establish and operate evidence-based Family Treatment Court programs.

Grant monies were awarded through a competitive application process to two local child welfare agencies, Dunn County Department of Human Services, which serves a child population of approximately 8,872, and Rock County Human Services Department, which serves a child population of approximately 37,701.

Grantees were required to develop intake and court procedures that screen, assess, and provide dispositional alternatives for parents whose children have come under the jurisdiction of the court. Additionally, program objectives should result in improved child well-being and the welfare of participants' families by meeting the comprehensive needs of participants and promoting family reunification wherever possible, as stated in 48.546, Wis. Stats., Family Treatment Court Grant Program.

Programs funded included the following components:

- An oversight committee to advise the county or tribe in developing, implementing, administering, and evaluating its program.
- Provision of services to program participants that are consistent with evidence-based practices in treatment services needed by those participants, including substance abuse treatment services, mental health treatment services, and intensive case management services.
- Provision of a multidisciplinary screen as described in s. 48.547 (3) for program participants.
- A holistic and trauma-informed approach to the treatment of program participants.
- Integration of all services provided to program participants by local government agencies and other organizations.
- Submission of data as requested by DCF.

Family Treatment Court Contracts

Initial grants were awarded to each recipient for a contract term of two years, spanning from December 1, 2018, through December 31, 2020. Based on availability of funding, satisfactory performance, and by mutual agreement of DCF and the grantees, each contract was eligible for renewal for up to two (2) additional one-year periods; any additional contract renewals are subject to DCF review and approval. DCF approved an additional contract renewal through 2023 and a final contract renewal for 2024.

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The award amounts to each of these counties for the establishment and operation of the family treatment courts was \$687,500. This amount included funding for two years of programming and additional money to support start-up planning and funding. The table below details each county's initial start-up and first year funding, followed by four contract renewals in 2020, 2021, 2022, and 2023, as well as the total funding.

Table 1: Program Funding

Grantee	Start-up Funding*	Year 1 Funding (2019)	Year 2 Funding (2020)	Year 3 Funding (2021)	Year 4 Funding (2022)	Year 5 Funding (2023)	Total Award
Dunn	\$62,500	\$125,000	\$125,000	\$125,000	\$125,000	\$125,000	\$687,500
Rock	\$62,500	\$125,000	\$125,000	\$125,000	\$125,000	\$125,000	\$687,500
Total	\$125,000	\$250,000	\$250,000	\$250,000	\$250,000	\$250,000	\$1,375,000

^{*}Available to each county to support start-up planning process; funds must be utilized 12/1/2018 through 12/31/2019.

Program Oversight Committee

Both grant recipient counties continue to maintain an oversight committee, in compliance with <u>Section</u> <u>48.546(4)</u>, <u>Wis. Stats</u>. The oversight committees oversee the programs' operations and assists in making final decisions regarding any program changes, such as updates to a program's phase system.

Program Participant Criteria

In compliance with <u>Section 48.546 (3)(a), Wis. Stats</u>, both Dunn County and Rock County have established criteria for a person's participation in each agency's Family Treatment Court programs. Local agencies may modify their program participant criteria when appropriate and with approval of DSP. <u>Appendix 1</u> provides more detailed information regarding each program's participant criteria.

Service Provision

Both grant recipient counties identified services to be provided to program participants that are consistent with evidence-based practices in treatment services needed by those participants, in compliance with <u>Section</u> 48.546 (3)(b), <u>Wis. Stats</u>.

Dunn County Family Treatment Court Program

The Dunn County Family Treatment Court (FTC) operates under the Adult Drug Court Best Practice Standards, the Wisconsin Treatment Court Standards, and the Family Treatment Court Best Practice Standards. In the program's provision of services, it contracts with a treatment provider, Arbor Place, Inc., that operates under the Matrix Model, an evidence-based treatment model. This treatment provider offers a service array comprised of many different evidence-based therapies, including Multi-Dimensional Family Therapy (MDFT), Family Centered Treatment (FCT), Trauma-Focused Cognitive Behavior Therapy (TF-CBT), Dialectical Behavior Therapy (DBT), and Moral Reconation Therapy (MRT).

Rock County Family Recovery Court Program

The Rock County Family Recovery Court (FRC) operates under the Adult Drug Court Best Practice Standards, the Wisconsin Treatment Court Standards, and the Children and Family Futures (CFF) Drug Court Guidelines. In the program's provision of services, intensive case management services are provided through a Rock County Human Services Department Family Treatment Court Case Manager, utilizing the Functional Family Case Management (FFCM) evidence-based model. One of the case manager's duties is to identify and connect program participants with service providers who operate consistent with evidence-based practices and demonstrate fidelity to their chosen models.

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Multidisciplinary Assessment Screen

Both grant recipient counties identified the following tools for the provision of a multidisciplinary screen, in compliance with <u>Section 48.546 (3)(c)</u>, <u>Wis. Stats.</u> Dunn County uses the North Carolina Family Assessment Scale (Family Dysfunction) and the Gain Short Screen (Mental Health & Criminality). Rock County uses the Child and Adolescent Needs and Strengths (CANS), the Level of Service Inventory – Revised (LSI-R), and the American Society of Addiction Medicine (ASAM).

Use of Trauma-Informed Approaches

Both grant recipient counties ensured the provision of a holistic and trauma-informed approach to the treatment of program participants, in compliance with <u>Section 48.546 (3)(d), Wis. Stats</u>. as follows:

Dunn County Treatment Court Program

Courtroom Process and Environment

During family treatment court hearings in Dunn County, the courtroom is non-adversarial, and program participants are given a minimum of three minutes of time with the judge. Participants are treated with respect and empowered by the judge to engage actively in recovery. Responses to a participant's behavior are determined and communicated to the participant only after a treatment team staffing has taken place.

Dunn County Behavioral Health staff are fluent in the concepts of person-centered practice and recovery, and the county is committed to educating its child protective services (CPS) staff on the core elements of consumer self-determination, the use of natural supports, the importance of lived experience, and the way in which trauma factors into gender responsive services.

The county is further committed to building a trauma-informed environment across the continuum of care, including the justice system, through system-wide trainings aimed at becoming a trauma-informed community.

Agency Roles and Responsibilities

One of the roles of the Dunn County Family Treatment Court Coordinator is to identify resources and to respond to the full range of needs of program participants as determined by the assessment tools employed. The coordinator then develops comprehensive, coordinated plans that utilize a wide range of evidence-based service providers. Wrap-around services may include substance abuse treatment, medically assisted treatment (MAT), mental health treatment, family counseling, domestic violence treatment, health, and dental services, parenting classes, relapse prevention, gender-specific services, and services to address trauma exposure.

Once services have been identified, a treatment team is assembled, and consists of staff who provide direct services to the participants, child(ren), and families in the program. Other key team members include the judge, the District Attorney, attorney or advocate for the participant, attorney or advocate for the child(ren), CPS professionals, treatment providers, and dependent upon the participant, child(ren), and family needs, domestic violence program representatives, probation officers, and juvenile justice staff.

Team members attend pre-court staffing meetings and court review hearings and share participant progress information in a timely way in order to allow for the use of incentives and sanctions to effectively shape behavior focused on family recovery.

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Rock County Family Recovery Court Program

Courtroom Process and Environment

Rock County Family Recovery Court program is structured in such a way as to ensure that the judge affirms the expectations of the program with program participants. Responses to participants' behavior are goal-oriented, consistent, immediate, fair, individualistic, and therapeutically sound. During hearings, participants can speak directly with the judge, and the judge meets with each participant for a minimum of three minutes to discuss the participant's progress and offer encouragement. The judge also allows time for participants to offer their perspective on how they are progressing in the program, their child welfare case(s), and their recovery.

Agency Roles and Responsibilities

Child protective services professionals are required to continue their education in trauma-informed care by attending trauma trainings offered through Rock County. All treatment providers are trauma-trained and trauma-focused in their service delivery.

Each participant has an individualized case plan used to link the participant to service providers within the county, in order to meet the needs of the participant as identified in the Child and Adolescent Needs and Strengths (CANS) assessment. Additionally, each participant's meets individually with their assigned CPS professional and therapist on a monthly basis, or together as part of a family team meeting to discuss case progress, barriers, and recovery, in order to ensure timely and effective collaboration and coordination of services.

Service Integration

Both grant recipient counties have put systems into place to ensure integration of all services provided to program participants, in compliance with <u>Section 48.546 (3)(e)</u>, Wis. Stats.

Dunn County Family Treatment Court Program

While family treatment court hearings take place on an alternating week basis in Dunn County, each program participant's team meets weekly to engage in confidential team staffings. These teams include the judge, the District Attorney, attorney or advocate for the participant, attorney or advocate for the child(ren), CPS professionals, treatment providers, and dependent upon the participant, child(ren), and family needs, domestic violence program representatives, probation officers, and juvenile justice staff. During these staffings, team members openly discuss participants' behaviors from their different perspectives. In addition to these scheduled staffings, emergency staffings take place on an as-needed basis.

Rock County Family Recovery Court Program

In Rock County, the Family Recovery Court Coordinator, the CPS professional, and the Comprehensive Community Services (CCS) case manager engage in weekly staffings with all treatment providers and other service providers, in a setting outside of the court context, to monitor the participants' compliance with obligations under the program. Information between the family treatment court team and all providers is shared freely so as to ensure all appropriate services and responses can be delivered comprehensively to each participant, and to ensure services are being provided in a holistic manner.

Additionally, in an effort to integrate services, up to 15 individuals are permitted to participate in hearings, including the Family Recovery Court Coordinator, the CPS professional, Corporation Counsel, the guardian ad litem, the participant's attorney, treatment providers and other service providers, probation and parole representatives, and a court appointed special advocate (CASA). These same team members meet prior to hearings to share the most up-to-date information pertaining to each participant, discussing their recovery, barriers, and overall case progress.

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Summary of Service Provision

Tables 2a and 2b displayed below outlines 2019 to 2023 program participation numbers, as well as number of participants who successfully completed the program, and the number of children who were able to return home to a parent enrolled in these family treatment court programs.

Table 2a: Dunn County Program Participation

	2019	2020	2021	2022	2023
New referrals	11	6	19	22	14
Number of new participants enrolled	10	2	8	11	8
Number of participants who graduated	NA	2	4	3	4
Participants still enrolled in the program, working toward successful program completion at the close of the year	10	6	7	14	18
Number of children reunified while parents were enrolled or after they completed program	NA	5*	10*	19*	17

^{*}Number of children reunified may not match the number of participants who had children reunified due to some participants having multiple children.

Table 2b: Rock County Program Participation

	2019	2020	2021	2022	2023
New referrals	12	36	21	20	7
Number of new participants enrolled	10	20	8	16	2
Number of participants who graduated	NA	0	1	3	3
Participants still enrolled in the program, working toward successful program completion at the close of the year	9	15	19	12	5
Number of children reunified while parents were enrolled or after they completed program	NA	6*	20*	16*	0

^{*}Number of children reunified may not match the number of participants who had children reunified due to some participants having multiple children.

Reasons for referrals that do not result in enrollment can vary, but often times it is simply due to lack of engagement and willingness to participate in the program. Family Treatment/Recovery Court programs are not mandatory of parents who have substance use disorders; they are completely voluntary. Lower enrollment numbers can also be because a parent was found to not meet the requirements of enrollment.

Also, the factors that explain the difference in participants enrolled, participants who successfully completed the program, and children reunified are:

- 1. At a minimum, it takes participants one year to complete all phases of the program. Usually it takes longer due to various factors that impact participants' ability to progress through phases. These factors can include attendance issues, missed drug tests, or relapses.
- 2. Participants are not required to successfully complete their Family Treatment Court program prior to reunification of their children.

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Tables 3a and 3b provide data related to CPS reports received by each county. The participant numbers outlined in Tables 3a and 3b differ greatly, as these two counties differ in population. Dunn County is in the northwestern region of the state and has a smaller total population than Rock County, with the county seat being Menomonie. Rock County is in the southern region of the state, bordering Illinois. Located within Rock County is the county seat, Janesville, as well as the city of Beloit.

Table 3a: Dunn County CPS Reports & Assessments

	2020	2021	2022	2023
Total CPS Reports (Screened-Out and Screened-in)	568	692	588	668
Total CPS Reports Screened-In	118	147	148	125
Total Screened-In CPS Allegations Alleging Alcohol and/or Drug Use/Exposure	42	45	55	44

Table 3b: Rock County CPS Reports & Assessments

	2020	2021	2022	2023
Total CPS Reports (Screened-Out and Screened-in)	2,896	3,107	2,974	2667
Total CPS Reports Screened-In	945	1,049	802	503
Total Screened-In CPS Allegations Alleging Alcohol and/or Drug Use/Exposure	255	271	209	134

Program Requirements

Both programs utilize differing "phase systems" to guide participants through the program. In order to graduate from the programs, participants must successfully complete every phase. Both Dunn and Rock counties' programs worked to improve their phases throughout the 5-year period to better serve their participants, and both programs updated the phase systems they use. The most recently updated phase systems can be found in Appendix 2.

Rock County implemented a "Family Recovery Court Response Guide" that outlines violations during each phase and what the consequences for these violations would be. This was implemented to make it clear to participants who violated program requirements what the consequences were and provided consistency in how violations were handled. This document can also be found in <u>Appendix 2</u>.

Participant Data Summary

Both programs continue to learn and innovate their program's requirements to increase the number of participants who successfully complete all phases of the program. During the 5-year period, programs experienced both challenges and successes.

Dunn County Family Treatment Court

As outlined in Figure 1 below, Dunn County Family Treatment Court saw fluctuating numbers of program referrals received between 2019 and 2023, with a low of only 6 referrals in 2020 to a high of 22 in 2022. The highest number of enrolled participants was also in 2022 with 11 new enrollees, followed closely by 10 new enrollees in the first year of the court in 2019. After 2020, the number of total participants enrolled at the end of the year continued to climb through 2023, even as new referrals and enrollees dropped in 2023. This is likely due to the time needed for participants to successfully complete all phases of the family treatment court program.

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Figure 1: Dunn County Participant Numbers: 2019 - 2023

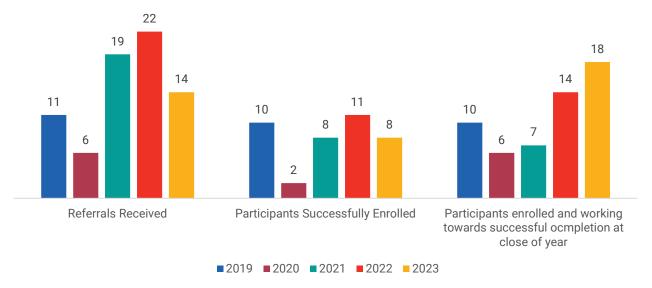


Table 4 outlines the total number of CPS reports, total number of screened-in reports with allegations related to substance use, abuse, and/or exposure, and the number of those related to substance misuse and exposure that were referred to the program. The average number of CPS referrals for Dunn County between 2019-2023 was 623, with a low of 568 in 2020 and a high of 692 in 2021. The number of screened-in CPS reports with substance misuse identified increased throughout the period under review from 17 in 2019 to a high of 55 in 2022.

Table 4: Reports, Screen-Ins, & Referrals

Year	Total CPS Reports	Total Screened-In CPS Reports with Substance Misuse	Total FTC Referrals
2019	645	17	11
2020	568	11	6
2021	692	45	19
2022	588	55	22
2023	668	44	14

Rock County Family Recovery Court

Rock County Family Recovery Court Program displayed a different pattern for referrals and enrollment than Dunn County. Referrals and new enrollments peaked in 2020 for Rock County and has since declined. In 2023, there were only 7 new referrals and two new participants enrolling in the program. The program saw a decrease in the number of participants who continued to work towards successful completion of the program at the close of 2023. This change is due to the combined factors of having several graduates from the program, in addition to low enrollment.

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Figure 2: Rock County Participant Numbers: 2019 - 2023

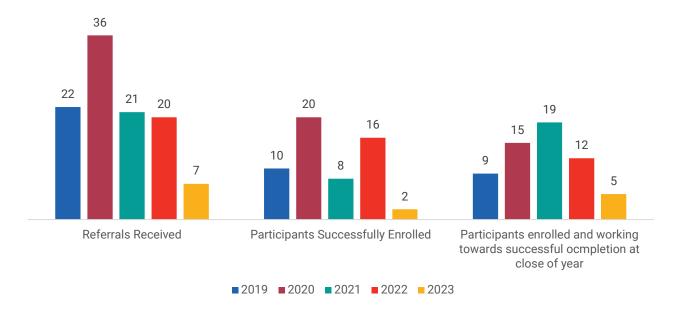


Table 5 outlines the total number of CPS reports, total number of screened-in reports with allegations related to substance use, abuse, and/or exposure, and the number of those related to substance misuse and exposure that were referred to the program. Whereas Dunn County has seen an increase in screened-in CPS reports with substance misuse, Rock County has seen a decline since 2019. This has contributed to a decrease in the number of referrals to the program.

Table 5: Reports, Screen-Ins, & Referrals

Year	Total CPS Reports	Total Screened-In CPS Reports with Substance Misuse	Total FRC Referrals
2019	3,711	322	12
2020	2,896	255	36
2021	3,107	271	21
2022	2,974	209	20
2023	2,667	134	7

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Five Year Report Summary

Takeaways from Early Program Implementation

In the early stages of building their family treatment courts, both programs found barriers to participants' ability to successfully complete all phases of the program due to work conflicts and limited hours where they are able to complete a random drug test. They each worked to improve their phase system to allow participants more flexibility if they are consistently meeting all other phase requirements. Another frequent challenge facing treatment court participants is transportation, especially in Dunn County, which is located in the northwestern part of the state. This area is relatively rural and lacks easily accessible transportation.

The COVID-19 pandemic was another challenge both programs needed to navigate as they worked to get their new family treatment court programs up and running. The programs pivoted to a virtual platform this time. The Dunn County program saw their first two graduations in 2020 and despite the challenges of COVID-19, Rock County saw their greatest number of referrals and program enrollment during 2020 than any other year in the 5-year reporting period.

Takeaways from Ongoing Program Implementation

The greatest challenge for program sustainability was turnover in professionals supporting the program. Most notably, in 2021, the judges overseeing the family treatment court programs in both Dunn and Rock Counties retired. On a positive note, this same year Dunn County was able to start utilizing peer support from a past successful program participant. In 2022 and 2023, agency staffing and leadership transitions continued to pose the greatest challenges. Both programs' coordinators left their positions in 2022. Throughout all of these changes, both programs adjusted well to these transitions and adapted to the needs of their program participants. Although Rock County was able to hire a new program coordinator and fill other vacancies within the program, admissions to the Rock County FRC were on hold for much of 2023 due to staffing shortages in behavioral health.

DCF continues to provide technical assistance to the programs on at least a quarterly basis. During these calls, programs are also able to ask questions of their counterparts and learn from each other's programs to better serve their county's FTC/FRC participants. Professionals in both counties are exploring ways to adapt their programs in order to increase the success of their participants in both the short and long-term.

Ongoing Support for Family Treatment Courts

While DCF funding for Rock and Dunn will phase out in the end of 2024, both Rock and Dunn counties received a grant through the federal Department of Justice's Office of Juvenile Justice and Delinquency Prevention to continue and build their FTC/FRC programs. As part of this funding, both agencies began working with Children and Family Futures for technical assistance in improving their programs. Children and Family Futures, is a national nonprofit organization that works with Family Treatment Court programs across the Wisconsin and the United States, including ongoing work with the Children's Court Improvement Project to create Family Treatment Court Standards for Wisconsin.

DCF will open a competitive application for two (2) county or tribal child welfare agencies to receive funding as of January 2025. As part of the last biennial budget, a continued allocation of \$250,000 annually, which DCF will administer to support the implementation of family drug treatment court programs. Each agency will receive \$125,000 for three years.

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Based on availability of funding, satisfactory performance, and by mutual agreement, the contract may be renewed for up to two (2) additional one-year periods. DCF appreciates the continued support of the legislature around evidence-based practices for serving families with identified needs around substance use and mental health concerns.

DCF will also continue to collect information from the participating county agencies on a quarterly basis over the remaining contract renewal period. This information will include the respective programs' establishment and operations including program aspects related to program eligibility, service provision (including the use of standardized assessment tools and trauma-informed approaches used by the local agency staff, service providers and courts), program oversight representation and responsibilities, and family treatment court service utilization and outcomes.

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Appendix 1: Program Participant Criteria

Dunn County Rock County

- Be participating voluntarily.
- Be 18 years of age or older.
- Have a family being served in child protective services in Dunn County.
- Be using either methamphetamine, opioids and/or alcohol.
- Be a parent.
- Have a trauma history and be experiencing additional significant need in more than one of the following areas:
 - Housing
 - Child(ren) in out-of-home care, or at imminent risk of being placed in out-ofhome care
 - Employment
 - Child(ren) with special needs
 - o Domestic violence
 - Mental health
 - o Childcare
 - o Transportation

- Be 18 years of age or older.
- Be a resident of Rock County.
- Be willing to sign a Consent to Release Confidential Information Form so that the team may share information with other team members and outside community providers.
- Not be substantiated for child sexual abuse.
- Referral to FRC received no later than 6 months from the date of disposition, unless waitlisted prior.
- Be clinically diagnosed with a substance use disorder at an Intensive Outpatient (IOP) level of care.
- Must voluntarily agree to abide by all FRC rules, including possible modifications which will be communicated before implementation.
- Cannot be enrolled in other treatment courts in Rock Co
- If temporary physical custody was taken of children, this must have occurred on or after August 1, 2019.

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Appendix 2: Rock and Dunn Counties Family Treatment Court Phases

Dunn County Family Treatment Court Program utilizes a system that involves an intake period followed by five phases, and finally, graduation. Upon completion of all phases, participants graduate from the program.

Dunn County's Phase System

Court: Bi-weekly Drug testing at DTMW and/or other designated testing facility Check in with FTC Coordinator (FTCC) weekly Meeting with the Child Protection Worker (CPS) as requested Regular use of planner Referral to complete any clinical assessments and further evaluations as deemed appropriate by the Treatment Team (MH) Develop initial FTC case plan Wellness Slips: Attend one activity a week and provide documentation to FTC Coordinator Treatment activity (AA, NA, CMA, SMART Recovery, MRT, etc.) Wellness activity (exercise classes, meditation, gym, walk/run, etc.) Pro social activity (church services, support groups, time with mentor/sponsor Complete Family Assessment (NCFAS) Develop ongoing Family Interaction Plan and comply with interaction schedule with children Schedule and/ or attend a medical and dental appointment for all adults and children in program (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional)		Phase I ((45	Days)
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 groups, time with mentor/sponsor Complete Family Assessment (NCFAS) Develop ongoing Family Interaction Plan and comply with interaction schedule with children Schedule and/ or attend a medical and dental appointment for all adults and children in program (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional) 	•	==		
 Complete Family Assessment (NCFAS) Develop ongoing Family Interaction Plan and comply with interaction schedule with children Schedule and/ or attend a medical and dental appointment for all adults and children in program (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional) 		· ·		
 comply with interaction schedule with children Schedule and/ or attend a medical and dental appointment for all adults and children in program (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional) 	•	Complete Family Assessment (NCFAS)		
 Schedule and/ or attend a medical and dental appointment for all adults and children in program (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional) 	•	Develop ongoing Family Interaction Plan and		
 appointment for all adults and children in program (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional) 		comply with interaction schedule with children		
 (if not done within last 6-12 months) Apply for and/or obtain health insurance Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Create a Recovery Toolbox (optional) 	•	•		
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conditions, and/or civil restraining orders if applicable • Create a Recovery Toolbox (optional)		······································		
applicableCreate a Recovery Toolbox (optional)	•			
Create a Recovery Toolbox (optional)				
		• •		
▼ MICHTAL HEALTH 2015GENET2		· · · · · · · · · · · · · · · · · · ·		
Wellness Slips: Attend one activity a week and				
provide documentation to FTC Coordinator				
Treatment activity (AA, NA, CMA, SMART		•		
Recovery, MRT, etc.)				
Wellness activity (exercise classes, meditation,	•	· · · · · · · · · · · · · · · · · · ·		
gym, walk/run, etc.)				
Pro social activity (church services, support	•	• ,		
groups, time with mentor/sponsor, attendance to		• •		
FTC on non-required date				

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	Phase II	(60 days)
	Components	Advancement Criteria
•	Court: Bi-weekly Drug testing at DTMW and/or other designated testing facility Check in with FTC Coordinator weekly Meeting with the Child Protection Worker as requested Regular use of planner	 30 days' consecutive sobriety No missed drug tests at DTMW and/or other designated testing facility No missed FTC Hearings No missed check-ins with FTCC/CPS worker No missed treatment appointment No missed visits with children
•	Attend visits with children (if out of home)	No missed Wellness Slips
•	Follow through with all treatment as recommended Wellness Slips: Attend one activity a week and	 Bring planner to court on a regular basis. Using planner for organization and to map out all responsibilities, appointments, work schedules,
	 provide documentation to FTC Coordinator Treatment activity (AA, NA, CMA, SMART Recovery, MRT, etc.) Wellness activity (exercise classes, meditation, gym, walk/run, etc.) Pro social activity (church services, support groups, time with mentor/sponsor, attendance to FTC on non-required date.) 	 visits, and self-help attendance. Review and possibly revise relapse prevention plan Has created a recovery toolbox Obtain sponsor/mentor' Follow through with the mental health/AODA treatment recommendations. Provide wellness slips on a regular basis
•	Review FTC case plan	
•	Review Family Interaction Plan	
•	Attend and follow through with medical and dental recommendations	
•	Develop a plan for secure safe/stable housing Search for gainful employment/ establish a legal income source	
•	Begin search for childcare providers (as needed) Develop a plan to obtain driver's license/reliable transportation (as needed)	
•	Secure sponsor/mentor/peer support	
•	Explore/identify parent education as recommended	
•	Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable	
•	Review Recovery Toolbox (optional)	
•	Discussion of peer support Creation of the recovery toolbox	
•	Search for gainful employment/ utilize Workforce Resources/DVR	

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	Phase III	(60	Odays)
	Components		Advancement Criteria
testing face Meet with Meeting we requested Regular use Attend vise Follow thre Wellness Se provide do wellness se	ing at DTMW and/or other designated cility FTC Coordinator bi-weekly with the Child Protection Worker as see of planner its with children (if out of home) ough with treatment as recommended Slips: Attend two activities a week and ocumentation to FTC Coordinator- One slip must be a treatment activity a week. The eatment activity (AA, NA, CMA, SMART covery, MRT, etc.) One treatment activity ust be in person. The ellness activity (exercise classes, editation, gym, walk/run, etc.) of social activity (church services, support oups, time with mentor/sponsor, rendance to FTC on non-required date.) To case plan simily Interaction Plan lapse prevention plan maintain safe/stable housing remaintain gainful employment legal ource teps needed to obtain driver's liable transportation (as needed) ent of sober support network and evention plan staffed with team ough with parent education as needed ent of sober support network and evention plan staffed with team ough with parent education as needed ent of sober support network and evention plan staffed with team ough with parent education as needed ent of sober support network and evention plan staffed with team ough with parent education as needed ento education on budgeting and financial ento ce with probation, parole, bond and/or civil restraining orders if	•	No missed drug tests at DTMW and/or other designated testing facility No missed FTC Hearings No missed check-ins FTCC/CPS worker No missed AODA/MH treatment appointments No missed visits with children No missed Wellness Slips Share Relapse Prevention Plan with team (to include sober support network) Review and possibly revise relapse prevention plan Using planner for organization and to map out all responsibilities, appointments, work schedules, visits, and self-help attendance. Bring planner to court on a regular basis. Progress in recommended AODA treatment. Secure employment and/or income source Present recovery toolbox Share the relapse prevention plan/ include sober support network. Answer the application question. Regular meetings with a sponsor/mentor

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Phase IV / Maintenar	nce (Minimum 90 days)
Components	Advancement Criteria
 Court: Monthly Drug testing at DTMW and/or other designated testing facility Meet with FTC Coordinator monthly Meet with Child Protection worker as requested Regular use of planner Attend visits with children (if out of home) Follow through with AODA/ MH treatment as recommended Wellness Slips: Attend three activities a week and provide documentation to FTC Coordinator. Two wellness slip must be a treatment activity a week. Treatment activity (AA, NA, CMA, SMART Recovery, MRT, etc.) Two activities must be in person. Wellness activity (exercise classes, meditation, gym, walk/run, etc.) Pro social activity (church services, support groups, time with mentor/sponsor, attendance to FTC on non-required date.) Review FTC case plan Review Family Interaction Plan with social worker Obtain childcare provider plan in place (as needed) Achieve/maintain safe/stable housing Achieve/maintain legal income source Follow through with parent education as recommended Participation in parent education as recommended. Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Regular meetings with a sponsor/mentor Maintain Recovery Toolbox 	 Using planner for organization and to map out all responsibilities, appointments, work schedules, visits, and self-help attendance. Bring planner to court. Progress made in AODA treatment Progress made in MH treatment Present recovery toolbox on day of advancement Regular meetings with sponsor/mentor

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Phase V / Continuing Ca	are (Minimum 120 days)
Components	Advancement Criteria
Court: Monthly Drug testing at DTMW and/or other designated testing facility Meet with FTC Coordinator monthly Meet with Child Protection worker as requested Regular use of planner Attend visits with children (if out of home) Follow through with AODA/MH treatment as recommended Wellness Slips: Attend three activities a week and provide documentation to FTC Coordinator. Two wellness slip must be a treatment activity a week Treatment activity (AA, NA, CMA, SMART Recovery, MRT, etc.) Two activities must be in person. Wellness activity (exercise classes, meditation, gym, walk/run, etc.) Pro social activity (church services, support groups, time with mentor/sponsor, attendance to FTC on non-required date.) Review FTC case plan Review Family Interaction Plan with social worker Maintain safe/stable housing Maintain gainful employment/ legal income source Complete parent education as recommended Compliance with probation, parole, bond conditions, and/or civil restraining orders if applicable Review Recovery Toolbox Regular meeting with sponsor/mentor	 90 days' consecutive sobriety No missed drug tests at DTMW and/or other designated testing facility No missed FTC Hearings No missed check-ins with FTCC/CPS worker No missed treatment appointments No missed visits with children No missed Wellness Slips Revisit relapse prevention plan and share with the team Child(ren) have been reunified Using planner for organization and to map out all responsibilities, appointments, work schedules, visits, and self-help attendance. Bring planner to court on a regular basis. Present recovery toolbox Regular meeting with sponsor/mentor Progress in AODA treatment Progress in MH treatment Share the relapse prevention plan/ include sober support network. Answer the application question. Use planner and bring planner to court Complete all necessary graduation paperwork

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Rock County Family Recovery Court Program Phase System

Rock County Family Recovery Court also utilizes a similar phase system. Their system involves four phases that must be successfully completed prior to graduating the program.

Rock County's Phase System

	Milestone One: Orientation (minimum 30 Days)							
	Goal: Create daily routine and increase structure	re in everyday life. Increase organizational skills.						
	In Home Tasks	Out of Home Tasks						
•	Treatment Assessment completed	Treatment Assessment completed						
•	Treatment Plan developed	Treatment Plan developed						
•	Complete Recovery Capital Assessment	Complete Recovery Capital Assessment						
•	Start completing urine drug screens at Averhealth	• Start completing urine drug screens at Averhealth						
•	Achieve seven (7) consecutive sober days from start of Milestone One	 Achieve seven (7) consecutive sober days from start of Milestone One 						
•	Recurrence Prevention Plan & Recurrence Family Safety Plan developed	 Family Interaction schedule developed with Child Protective Services (CPS) Ongoing Case Manager 						
•	Consistent weekly contact with team	 Consistent weekly contact with team 						
•	Attend Family Recovery Court for four consecutive weeks	 Attend Family Recovery Court for four consecutive weeks 						
	 *Exceptions may be granted and the discretion of the team. 	 *Exceptions may be granted and the discretion of the team. 						
•	complete journaming accignments cach mean, and	Complete journaling assignments each week, due						
	the Friday before next scheduled court	the Friday before next scheduled court						
	appearance.	appearance.						

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Milestone 2: Build A Strong Foundation (minimum 60 days)

Goal: Develop self-awareness of how your substance use impacts your family. Identify your triggers. Strengthen parental protective capacities and add more unsupervised time with your child(ren).

Strengthen parental protective capacities and add more unsupervised time with your child(ren).					
In Home Tasks	Out of Home Tasks				
 Attend treatment groups as recommended by your therapist. Demonstrate increase in recovery capital Develop a plan for participating in pro-social activities. You can attend family-based pro-socials with your child(ren) or recovery based pro-socials to support you in your journey to sobriety. Provide negative urine drug screens for 30 consecutive days from the start of Milestone Two Update Recurrence Family Safety Plan & engage in daily living activities with child(ren) Developed parenting services with CPS case manager and develop a plan. Attend Family Recovery Court bi-weekly for eight consecutive weeks *Exceptions may be granted and the discretion of the team. Complete journaling assignments each week, due the Friday before next scheduled court appearance. 	 therapist. Demonstrate increase in recovery capital Develop Recurrence Prevention Plan Develop Recurrence Family Safety Plan (RFSP) with treatment team and CPS Develop a plan for participating in pro-social activities. You can attend family-based pro-socials with your child(ren) or recovery based pro-socials 				

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Milestone 3: Strengthen Myself & My Family (minimum 90 days)

Goal: Develop a sober community of support. Strengthen parental protective capacities and decrease level of Department supervision and number of safety check-ins. Develop a routine with your family.

	Department supervision and number of safety	y check-ins. Develop a foutilite with your fairlily.
	In Home Tasks	Out of Home Tasks
•	Attend treatment groups as recommended by your	= :
	therapist.	therapist.
•	Demonstrate increase in recovery capital	 Demonstrate increase in recovery capital
•	Engage in family and recovery pro-social activities	 Update Recurrence Prevention Plan
	three times per week	 Update Recurrence Family Safety Plan (RFSP) with
•	i i o i i do i i o ga i i o di i i o di a di	treatment team and CPS
	consecutive days from the start of Milestone Three	
•	zingago in orma(ron) o oddodnonar ana modrodi	three times per week:
	related appointments/tasks	 Provide negative urine drug screens for 60
•		consecutive days from the start of Milestone
	has been updated with treatment team and CPS	Three:
•	received and the second second and the second	• Attend all scheduled visits with my child(ren). Be
	for 12 consecutive weeks	ready for fully unsupervised time with periodic
	 *Exceptions may be granted and the 	check-ins.
	discretion of the team.	 Continue to engage in parenting plan developed
•	Complete journaling assignments each week, due	with CPS Ongoing Case Manager
	the Friday before next scheduled court	 Attend Family Recovery Court every three weeks
	appearance.	for 12 consecutive weeks
		 *Exceptions may be granted and the
		discretion of the team.
		Complete journaling assignments each week, due
		the Friday before next scheduled court
		appearance.

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Milestone Four: Building My Recovery Community (minimum 120 days)

Goals: Consistent decrease in safety check-ins. Build healthy relationships and positive community connections

	connec	ections.
	In Home Tasks	Out of Home Tasks
•	therapist. Maintain increase in recovery capital Update Recurrence Family Safety Plan (RFSP) with	 three times per week Provide negative urine drug screens for 90 consecutive days from the start of Milestone Three My children are home. Professional Services Group (PSG) is completing safety checks twice per

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Milestone Five: Supporting My Peers in Recovery

Goals: Support peers in recovery.

In Home Tasks

Out of Home Tasks

- Attending weekly Family Recovery Court (FRC)
 hearings: Join the current participants in court
 each week, or as often as you would like. Be a
 supportive peer and offer positive feedback
 during the hearing. You are by no means required
 to attend court and your case will not be reviewed
 during staffing, but this is a great opportunity to
 provide support to your peers and to maintain a
 connection to the FRC team.
- Supporting Peers: As a recent graduate and continued participant in Milestone 5, you will have the opportunity to connect with current FRC participants and provide ongoing support as they progress in the program, in their recovery, and in their Child Protective Services (CPS) case. There will be opportunity to return to groups and events to share your story!
- Duration: Milestone Five does not have a time minimum or limit. You are able to continue your participation in Milestone Five even after your CPS case closes to continue providing support to participants and even receiving support from the team.
- Incentives in Milestone 5: You will be able to attend all FRC Family Events hosted by the team. This is a great way to continue engagement with the team and supporting your peers. You will be eligible for receiving gas cards to assist in getting to and from court or appointments with your peers.

- Attending weekly Family Recovery Court (FRC)
 hearings: Join the current participants in court
 each week, or as often as you would like. Be a
 supportive peer and offer positive feedback
 during the hearing. You are by no means required
 to attend court and your case will not be reviewed
 during staffing, but this is a great opportunity to
 provide support to your peers and to maintain a
 connection to the FRC team.
- Supporting Peers: As a recent graduate and continued participant in Milestone 5, you will have the opportunity to connect with current FRC participants and provide ongoing support as they progress in the program, in their recovery, and in their Child Protective Services (CPS) case. There will be opportunity to return to groups and events to share your story!
- Duration: Milestone Five does not have a time minimum or limit. You are able to continue your participation in Milestone Five even after your CPS case closes to continue providing support to participants and even receiving support from the team.
- Incentives in Milestone 5: You will be able to attend all FRC Family Events hosted by the team. This is a great way to continue engagement with the team and supporting your peers. You will be eligible for receiving gas cards to assist in getting to and from court or appointments with your peers.

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Rock County Recover Court Response Guide

Mock doubtly Recover e	Jourt Response Guide			
	Verbal warning			
	Reset sober date	Missing appointments, drug tests, court,		
	No fishbowl	visits, etc.; dishonesty; tampering with drug		
	Written assignment	tests; incomplete responses or assignments		
	Behavior-focused homework			
	Milestone advancement delayed	Consistently missing appointments, drug		
Milestone One: Orientation	Team roundtable meeting	tests, court, visits, etc.; ongoing tampering		
	Additional treatment/service	with drug tests; disregarding court orders;		
	referrals	unsafe/inappropriate behaviors		
	Behavior contract	Minimal/no engagement; not attending drug		
	Day reporting (>1 week)	tests for prolonged timeframe; continued		
	Final warning	dishonesty despite intervention; consistent		
	Program discharge	tampering with drug tests; continuous unsaf- behaviors despite intervention		
	T			
	Verbal warning			
	Reset sober date	Infrequent missed appointments, drug tests, court, visits, etc.; infrequent incomplete		
	No fishbowl			
	Written assignment	responses or assignments; occasional		
	Behavior-focused homework	recurrence of use		
	Create recurrence prevention			
	plan			
Milestone Two: Build a	Milestone advancement delayed	Consistently missing appointments, drug tests, court, visits, etc.; ongoing tampering		
Strong Foundation	Team roundtable meeting	with drug tests; continued recurrence of use;		
Strong roundation	Additional treatment/service referrals	frequent incomplete responses or assignments; unsafe or inappropriate		
	Activity logs (1+ week)	behavior; not actively changing people,		
	Increased court appearances	places, and things; dishonesty		
	Begin pro-social attendance	piaces, and unings, dishonesty		
	Behavior contract	Unsuccessful discharge from recommended		
	Day reporting (>1 week)	treatment; continued missed appointments,		
	Final warning	use, dishonesty, unsafe/inappropriate		
	Program discharge	behaviors despite intervention		

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		J-Teal Nepol		
	Verbal warning	Infraguent missed appointments, drug tests		
	Reset sober date	Infrequent missed appointments, drug tests, court, groups, visits, etc.; other infrequent		
	No fishbowl	minor FRC/rule violations		
	Written or other assignment	Tillior FRG/Tule violations		
	Milestone advancement			
	delayed			
	Team roundtable meeting			
	Additional treatment/service	Continued missing appointments, drug tests,		
Milestone Three:	referrals	court, groups, visits, etc.; recurrence of use;		
Strengthening Myself and	Activity logs (1+ week)	infrequent incomplete responses or		
My Family	Increased court appearances	assignments; not actively changing people,		
iviy i airiiiy	Increased pro-social	places, and things; infrequent dishonesty		
	attendance			
	Modify recurrence prevention			
	plan			
	Behavior contract	Unsuccessful discharge from recommended		
	Day reporting (>1 week)	treatment; continued missed appointments,		
	Community Service	use, dishonesty, unsafe/inappropriate		
	Final warning	behaviors despite intervention		
	Program discharge	benaviors despite intervention		
	Verbal warning	Infrequent missed appointments, drug tests,		
	Reset sober date	court, groups, visits, etc.; other infrequent		
	No fishbowl	minor program/rule violations		
	Team Roundtable Meeting			
	Additional treatment/service			
	referrals	Continued missing appointments, drug tosts		
	Increased court appearances	Continued missing appointments, drug tests, court, groups, visits, etc.; recurrence of use;		
	Increased pro-social	incomplete recognition or equipments: return		

Milestone Four: Building
My Recovery Community

Modify recurrence prevention plan

Create "Road to Recovery"

(birth to now)

incomplete responses or assignments; return to people, places, and things related to addictive lifestyle; infrequent dishonesty

Unsuccessful discharge from recommended treatment; disregarding court orders; minimal

Behavior contractUnsuccessful discharge from recommendedDelayed graduationtreatment; disregarding court orders; minimalCommunity Serviceor no engagement; continued use, dishonesty,Final warningdrug test tampering, unsafe/inappropriateProgram dischargebehaviors despite intervention

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Rock County Family Recovery Court Final Warming

The FRC team will consider the following indicators of a participant's compliance:

- Consistency of participants attendance at treatment groups, meetings, and other services indicated in their treatment plan.
- Completion of drug tests, including the number of positive, negative, and missed tests.
- Treatment provider's assessment of participant's commitment to working on their recovery.
- Participation and engagement in visitation and other services identified in the participant's return conditions.
- The effect of FRC responses already imposed on participant.

The final warning is set for 30 days; the participant is expected to make progress towards full compliance with the FRC. If sufficient progress is not made within this timeframe, the participant may be terminated from FRC. At the end of the 30 days, the team will review the status of the participant. IF they have made some progress but are not in full compliance, any team member may request a continuance of the final warning and the team will assess whether or not to grant the continuance. The participant will be required to write a letter to the team indicating what has changed and their plans to re-engage with FRC. The letter must be submitted to the team the week prior to the status review to allow time for the team to review it.

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Family Recovery Court Violations

Violation	Behavior
	Failure to provide proof of emergency, doctor note, or other documentation for
Lack of consistent	missed group or individual appointment
attendance in treatment	Failure to attend group or individual appointment
	Failure to start or take steps to begin treatment
Discharge from	Leaving treatment against recommendations
recommended treatment	Being terminated from the treatment due to treatment rule violations
	Positive drug screen
Decumends or continued	Continued use with no sober time
Recurrence or continued	Using non-approved substances
use	Failure to report prescribed medications aside from those prescribed by
	program prescriber.
	No show for ordered testing
Non-compliance with drug	Unable to provide sample
testing	Provide a dilute sample or other attempts to tamper with sample
	Refusal to provide sample
Lack of consistent	Failure to turn in verification
attendance in pro-social	Failure to attend pro-social activities
activities	Failure to obtain a sponsor, mentor, or peer support
activities	Continued engagement with non-recovery-oriented people, places, and things
	Failure to attend court
	Failure to provide proof of emergency, doctor note, or other documentation for
Contempt of court	missed court
	Disorderly or disruptive behaviors toward the Judge
	Refusal to comply with given responses or orders
	Consistent pattern of late arrival to court, treatment, visits, other appointments,
	etc.
Other non-compliance	General lack of communication with team
Other non-compliance	Unsafe, inappropriate, disruptive, and/or disrespectful behavior
	Failure to follow through with services or referrals
	Failure to keep team up to date on contact information and home address
	Lies of commission (making excuses, minimizing behaviors or use, etc.)
Dishonesty	Lies of omission (leaving out important information, not reporting use or other
	issues until confronted by team, etc.)

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Appendix 3: Dunn and Rock County CPS Reporting and Screening Data

	CPS Reports - Screen-In & Screened-Out									
	2019 Access	Reports		2020 Access Reports						
County	Screen-In	Screen- Out	Total		County	Screen-In	Screen-Out	Total		
Dunn	127	518	645		Dunn	116	452	568		
Rock	1,375	2,336	3,711		Rock	986	1,911	2,897		
Total	1,502	2,854	4,356		Total	1,102	2,363	3,465		

	2021 Access	Reports		2022 Access Reports				
County	Screen-In	Screen- Out	Total	County	Screen-In	Screen-Out	Total	
Dunn	150	546	696	Dunn	148	440	588	
Rock	1,061	2,076	3,137	Rock	802	2,172	2,974	
Total	1,211	2,622	3,833	Total	950	2,612	3,562	

2023 Access Reports								
County	Screen-In	Screen- Out	Total					
Dunn	125	543	668					
Rock	503	2,164	2,667					
Total	628	2,707	3,335					

	Alcohol & Drug Abuse & Exposure to Controlled Substances									
	Screened-In Reports									
2019 2020										
County	Caregiver Alcohol Abuse	Caregiver Drug Abuse	Exp. To Controlled Subs.	Caregiver Alcohol Abuse	Caregiver Drug Abuse	Exp. To Controlled Subs.	Total Reports*			
Dunn	1	5	11	15	Dunn	9	17	16	33	
Rock	93	186	43	272	Rock	57	162	36	216	
Total	94	191	54	287	Total	66	179	52	249	
			S	creened	-Out Repo	rts				
		2019					2020			
County Alcohol Drug Controlled Total County Alcohol Drug Controlled								Total		
County		•		lotai	County		- 3		Reports*	
Dunn		•		10tal	Dunn		- 3			
	Abuse	Abuse	Subs.			Abuse	Abuse	Subs.	Reports*	

^{*}Because some reports include a combination of caregiver alcohol abuse, caregiver drug abuse, and exposure to controlled substances, Total Reports will appear smaller than simply adding the number of reports in each row.

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Alcohol & Drug Abuse & Exposure to Controlled Substances Screened-In Reports 2021 2022 Caregiver Caregiver Exp. To Caregiver Caregiver Exp. To Total County Alcohol **Controlled** County **Alcohol Controlled** Drug Total Drug Reports* Abuse **Abuse** Subs. **Abuse Abuse** Subs. **Dunn** 9 20 17 36 **Dunn** 13 28 15 44 74 54 127 51 **Rock** 164 64 257 **Rock** 185 83 184 229 81 293 67 155 66 **Total Total** Screened-Out Reports 2021 2022 Caregiver Caregiver Ехр. То Caregiver Caregiver Exp. To Total County Alcohol **Controlled** County **Alcohol** Drug **Controlled** Drug **Total** Reports* Abuse **Abuse** Subs. **Abuse Abuse** Subs. 88 26 63 38 47 **Dunn** 33 11 Dunn 17 63 33 225 69 194 40 **Rock** 162 Rock 265 **Total** 89 195 44 288 241 353 **Total** 107 57

Screened-In Reports									
2023									
County	Caregiver Alcohol Abuse	Caregiver Drug Abuse	Exp. To Controlled Subs.	Total Reports*					
Dunn	10	23	19	42					
Rock	44	84	39	133					
Total	54	107	58	175					
		Screened Out Reports							
		2023							
County Caregiver Alcohol Caregiver Drug Exp. To Controlled Abuse Subs. Total Repo									
Dunn	38	45	38	96					
Rock	53	155	40	221					
Total	91	200	78	317					

^{*}Because some reports include a combination of caregiver alcohol abuse, caregiver drug abuse, and exposure to controlled substances, Total Reports will appear smaller than simply adding the number of reports in each row.

Initial Assessments					
County	2019	2020	2021	2022	2023
Dunn	122	117	144	152	117
Rock	1,281	1,023	1,028	867	516
Total	1,403	1,140	1,172	1,019	633

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