

Safely Obtaining Support (Kev Pab Txhawb Kom Tau Txais Kev Nyab Xeeb, SOS)

WISCONSIN LUB CHAW KOOM TES TXOG KEV NYAB XEEB

(Safely Obtaining Support (SOS) WISCONSIN'S NETWORK FOR SAFETY)



**Kev pab yog
ib txwm muaj rau.**

**National Domestic Violence Hotline
(Teb Chaws Tus Xov Tooj Pab Kev Sib Ceg Sib
Ntaus Hauv Tsev Neeg)
1-800-799-SAFE (7233)**

TTY 1-800-787-3224

Sau ntawv "START" rau 88788

Puas yog koj yog ib tus niam txiv xav tau kev pab txhawb me nyuam tab sis yuav tsum tau ua rau kev nyab xeeb?

Yooj yim hais tias **"SOS"** rau ib tus neeg ua hauj lwm saib xyuas kev pab txhawb me nyuam thiab koj yuav tau txuas nrog cov chaw pab cuam kev pab txhawb me nyuam kom tau txais ib tsab ntawv xaj ntawm tsev hais plaub yam nyab xeeb rau kev pab txhawb.

Yam uas koj tuaj yeem yuav tau txais:

- *Tau ceeb toom kev tshaj lij kev pab cuam tuav tswj xwm txheej*
- *Kev ruaj ntseg ntxiv hauv chav txiav txim*
- *Cov kev xa mus rau cov koom tes nrog hauv zej zog*
- *Kev npaj saib xyuas kev nyab xeeb*
- *Cov kev xaiv hauv qhov yuav ua li cas tuav tswj koj qhov xwm txheej*

Department of Children and Families (Lub Tuam Tsev Hauj Lwm Saib Xyuas Me Nyaum thaib Tsev Neeg) yog ib lub chaw hauj lwm thiab chaw muab kev pab uas muaj vaj huam sib luag. Yog tias koj muaj ib qho kev xiam oob qhab thiab xav tau kev mus cuag tau kev pab cuam, tau txais cov ntaub ntawv hauv lwm hom qauv, los sis xav tau cov ntaub ntawv muab txhais ua lwm hom lus, thov hu rau Lub Khoos Kas Pab Txhawb Me Nyuam Yaus ntawm 608-422-6250. Cov neeg uas lag ntseg, tsis hnov lus zoo, dig muag los sis tsis pom kev tuaj yeem siv qhov kev pab cuam pub dawb Wisconsin Relay Service (Wisconsin Kev Pab Cuam Hu Xov Tooj, WRS) – 711 txhawm rau tiv tauj lub chaw hauj lwm

