

MI ARCO IRIS INFORMATION



Who: Children ages 6-12 years old who have been exposed to or witnessed domestic violence

What: Mi Arco Iris is a program that provides children with resources that promotes safety and healing. The program provides comprehensive case management, individualized client care, support groups and parenting support. The Mi Arco Iris believes that when children develop a support system their safety increases and their path to healing begins. The Mi Arco Iris can enroll children in support groups if eligible and ready for groups or can received individual care. The pillars of Mi Arco Iris are as follow:

- 1.) **Case-management-** The Mi Arco Iris program develops individualized action plans based on current family needs to promote healthy child development and safety planning. Relationships are developed and maintained through regular office visits and phone calls. Home visits are offered on an as-needed basis. The Bilingual Family Specialist also partners with schools, child welfare case managers, medical clinics, therapists, service organizations, and other domestic violence agencies to meet family needs. Children are also provided with support and/or accompaniment for court hearings, court trials and other legal matters.
- 2.) **Children's Psycho-educational support groups-** A psycho-educational program that provides children with the necessary support towards healing. The curriculum is 9 weeks long and focuses on: creating a safe place to express their experiences with domestic violence, understanding and exploring dynamics of domestic violence, implementing emergency and safety plans, utilizing coping skills and increasing their sense of safety. It is an interactive program that includes art, hands-on learning, relaxation techniques, and shared experiences.
- 3.) **Parenting Support & Domestic Violence Education-** Parents are provided information and resources to promote child safety and healthy parenting. They receive domestic violence education about child development, risk reduction, safety planning, and healthy communication. Parents are encouraged to reinforce core concepts and model healthy relationship dynamics to their children. Additional resource and referrals are provided as needed.
- 4.) **Outreach-** Presentations are available to meet the individualized needs of your organization. Some examples of possible topics for parents or staff include: the dynamics and warning signs of domestic violence, how to address the needs of children impacted by domestic violence, the specialized needs of Hispanic families and how to improve the community response to immigrant families and children.

How: You can refer families to Mi Arco Iris by contacting the Bilingual Family Specialist directly at (414) 389-6517 or email: diana.romero@umos.org.