



PENFIELD CHILDREN'S CENTER

TRAUMA-INFORMED CARE FOR VERY YOUNG CHILDREN (TIC-YC)

TRAUMA-INFORMED CARE FOR VERY YOUNG CHILDREN (TIC-YC)

- Penfield Children's Center is currently in the last month of the Trauma-Informed Care for Very Young Children Living in Poverty project that began in September 2016 that served children ages 0-6 who lived in Milwaukee County and has exposure to potentially traumatic events and/or have trauma symptoms.
- Penfield Children's Center's new SAMHSA project TIC-YC, aims to expand on the services during the last SAMHSA by including an expansion to Waukesha County, while also continuing to serve our client population in Milwaukee.
- This will be Penfield Children's Center's first program to serve client's out of Milwaukee County.

TRAUMA-INFORMED CARE FOR VERY YOUNG CHILDREN (TIC-YC): PROJECT OVERVIEW

- To provide Penfield Children's Center own *Early Pathways* evidence-based model in Milwaukee and Waukesha County
- Home-based trauma-focused treatment to for children 0-6, who have been exposed to (experienced or witnessed) potentially traumatic events and have trauma symptoms
- We aim to serve 275 children in year 1, 300 in year 2, and 350 in each of years 3-5

TRAUMA-INFORMED CARE FOR VERY YOUNG CHILDREN (TIC-YC): PROJECT OVERVIEW- CONT.

- Heather Rotolo, LCSW will continue to serve as the Project Director through Penfield Children's Center
- Training and project evaluation will be led by Dr. Alan Burkard through Marquette University, where he serves as the department chair of Counseling Psychology.
- IMPACT Planning Council will provide consultation on the collection of federal NOMS measurement data, as well as implementation and process evaluation.

NCTSI - CATEGORY II TREATMENT AND SERVICE ADAPTATION (TSA) CENTER COLLABORATIVE PARTNERS

- **1) Arizona State University Research and Education Advancing Children's Health (REACH) Institute** (LOC, p. 47). REACH will provide consultation on how three EBPs that it disseminates might be integrated into the work that PCC does with young children with relevance to the following populations included in PCC's client mix: a) families in which the spouses/partners are separating, b) immigrant families, and c) families with loss of P/CG to death, incarcerated parents, and children in foster care/adoptive homes. For its part, PCC would participate in the NCTSN Resource Exchange group operated by REACH as part of its Category II project, offering its expertise in working with very young children.
- **2) University of Illinois at Chicago (UIC) Urban Youth Trauma Center (UYTC)** UYTC (LOC, p. 47). will provide consultation on how three areas of its expertise in trauma treatment might be integrated into the work that PCC does with young children: a) community violence, b) immigrant populations., and c) religious minority populations. PCC will offer consultation to UYTC in the following areas of its expertise: a) counseling techniques for addressing trauma with young children; b) training on PCC's treatment model for families with very young children, *EP*, c) mental health treatment for trauma and behavioral issues with young children, particularly for Hispanics, and d) training on PCC/Marquette University measure for young children that assesses trauma symptoms.
- **3) Northwestern Univ. Medical School, Center for Child Trauma Assessment and Planning (CCTASI)** (LOC, p. 48) will a) invite PCC to collaborate in its work addressing racial disparities; focusing on integration of its approach with trauma-informed practices applicable to *TIC-YC*; b) provide training opportunities focused on the child welfare and educational systems with which PCC is highly involved; c) provide consultation on CCTASI trauma-informed screening

TIC-YC: PROJECT OBJECTIVES

- Provide *Early Pathways (EP)* to children 0-6 beginning month 2 and to Waukesha County by Month 4
- Enroll 1,625 children 0-6 of age over the 5-year grant period
- 75% of caregivers who complete treatment will improve adherence to *EP* over the course of enrollment
- 90% of caregivers will report high rates of satisfaction with the *EP* program and related services provided
- Target children will demonstrate a statistically and clinically significant pre-post reduction of behavior problems
- Target children will demonstrate a statistically and clinically significant pre-post increase in pro-social behavior
- Target children will demonstrate a statistically and clinically significant pre-post reduction of trauma symptoms
- Target children will demonstrate a statistically and clinically significant pre-post improvement in child-caregiver interactions

TIC-YC: DATA COLLECTION AND MEASUREMENT

- *Treatment Report*: 75% with improved adherence to EP Program at discharge.
- *Family Satisfaction Survey*: 90% will report high satisfaction (score of 39 or above)
- *Early Childhood Behavior Screen (ECBS): Challenging Behavior Scale*: Statistically significant (SS) reduction of behavior problems that reaches a clinically sig. effect size (CSES).
- *ECBS: Positive Behavior Scale*: SS increase in prosocial behaviors that reaches a CSES.
- *Preschool Inventory of Trauma Symptoms (PITS)*: SS reduction of trauma symptoms that reaches a CSES.
- *Parent-Child Play Assessment*: SS improvement in child and P/CG interactions that reaches a CSES.

EARLY PATHWAYS INCORPORATES NCTSN CORE COMPONENTS FOR TRAUMA-INFORMED INTERVENTIONS

- **Screening and triage**
- **Systematic assessment, case conceptualization, and treatment planning**
- **Psycho-education**
- **Addressing children and families' traumatic stress reactions and experiences**
- **Trauma narrative**
- **Enhancing emotional regulation and anxiety management skills**
- **Facilitating adaptive coping and maintaining adaptive routines:** Coping kits promote coping and resiliency skills in young children and help prevent an emotional or behavioral outburst from escalating to a more severe crisis situation.
 - Kits include tactile materials (e.g., squishy toys, silly putty) for releasing emotions and stress along with “calming cards” to teach emotional-regulation techniques (e.g. deep breathing exercises) for both children and P/CGs. The kit may also include a resource list customized for the family’s unique situation, e.g., housing services, 24/7 helplines, school contacts.

EARLY PATHWAYS INCORPORATES NCTSN CORE COMPONENTS FOR TRAUMA-INFORMED INTERVENTIONS - CONT.

- **Parenting skills and behavior management**
- **Promoting adaptive developmental progression**
- **Addressing grief and loss**
- **Promoting safety skills**
- **Relapse prevention**
- **Evaluation of treatment response and effectiveness**
- **Engagement/addressing barriers to service-seeking**