

November 15, 2019



SCALING WELLNESS IN MILWAUKEE

Amy Lovell, President REDgen CoFounder SWIM

WHAT IS SWIM?

SWIM is a collaborative of close to 500 organizations and 800 individuals actively working on root causes and effects of trauma in Milwaukee.

Mission:

To inspire a dynamic collaboration that heals trauma and creates a resilient community

Vision:

A connected, trauma-responsive community where all can thrive



STEERING COMMITTEE

Grady Crosby, Johnson Controls

Frank Cumberbatch, Bader Philanthropies

Bob Duncan, Children's Hospital of WI

Tim Grove, St. A's

George Hinton, SDC

Jon Lehrmann, Medical College of WI

Amy Lovell, REDgen

Mike Lovell, Marquette University

Reggie Moore, Office of Violence
Prevention

Julia Taylor, Greater Milwaukee Committee



ACTION TEAMS

Asset Mapping

Leaders:
Martina Gollin-Graves,
Catina Harrell-Young

Education and Awareness

Leaders:
Shawn Smith,
Lisa Edwards,
Sumaiyah Clark,
Luke Waldo

Corporate Engagement

Leaders:
Annemarie Scobey-
Polacheck
Ann Leinfelder Grove

Policy

Leaders:
Amanda Krzkowski,
Gabe McGaughey,
John Meurer,
Tim Nikolai

Research & Best Practices

Leaders:
Lucas Torres,
Dimitri Topitzes,
Bob Wheeler

Resilience Building Practices

Leaders:
Tai Hooper,
David Cipriano,
Terri Strodhoff

Mobile Wellness Clinic

Leaders:
Michele Bria
Bridget Clementi
Emily Mazzula

Technology

Leader:
Praveen Madiraju

ACTION TEAMS

Asset Mapping

Collaborating with SWIM Partners to review and catalog community assets

Education and Awareness

Working to bring broad based education around trauma and healing to community

Corporate Engagement

Serving as a resource and linking corporations to training on promoting resilience in workplace

Policy

Collaborating with SWIM partners to provide workshops on policy and creating change

Research & Best Practices

Collaborating to look at feasibility of comprehensive study

Resilience Building Practices

Looking at ways to support trauma specialists and teachers in MPS

Mobile Wellness Clinic

Assessing the need for bringing health and behavioral health services via mobile unit

Technology

Supporting other action teams with technological solutions

ACCOMPLISHMENTS

- *Hosted two major conferences—1,000+ attendees each year
- *Conducted several policy workshops
- *Forming relationships within community - Pastors United, Milwaukee Health Services, grassroot organizations
- *Presented and participated in panels to business leaders: GMC, MRA, Waukesha Business Alliance
- *Elevating the work of grassroot community organizations
- *Connecting people from across region to address trauma— researchers from all major academic institutions are working together
- *Working to support trauma specialists and teachers within Milwaukee Public Schools

WHAT WE HAVE LEARNED

- IMPACTS OF RACISM; SYSTEM-LEVEL CHANGE IS NECESSARY
- WORK NEEDS TO BE COMMUNITY LED AND DRIVEN
- BREAKING DOWN SILOS WILL TAKE TIME AND REQUIRES SIGNIFICANT RELATIONSHIP BUILDING
- WORK NEEDS TO SCALE AND ELEVATE GRASSROOT ORGANIZATIONS EFFORTS AS THEY HAVE TRUST AND UNDERSTAND THE COMMUNITY NEEDS
- WORK WILL BE HARD AND REQUIRES HUMILITY AND FORTITUDE

.What's Next For SWIM?

- In Process of Becoming a Non Profit
- Will Be Hiring an Executive Director
- Partnership with NATAL



Initiative by SWIM Partner Relative to Your Work

**Circle of Security**
INTERNATIONAL
Early Intervention Program for Parents of Children



COSP™ FACILITATOR TRAINING
Milwaukee, WI

Presented by: REDgen
Presented by: Neil Boris - Circle of Security International Trainer

Dates: 28 April - 1 May 2020 (Tuesday-Friday)

Circle of Security has established a parenting reflection program offering the core components of the evidence-based and internationally acclaimed COSP protocol. This 4-Day seminar trains professionals to use an eight chapter video to reflect with parents and caregivers. The program presents video examples of secure and problematic parent/child interaction, healthy options in care giving, and animated graphics designed to clarify principles central to COSP. COSP implements decades of attachment research in an accessible step-by-step process for use in group settings, home visitation, or individual counseling. Watch a sample of the video at <http://www.youtube.com/user/CircleOfSecurity>

Location:
Harry & Rose Samson Family
Jewish Community Center
Daniel M. Soref Community Hall
6255 N. Santa Monica Blvd.
Milwaukee, WI 53217

Who Should Attend?
Social Workers, Marriage and Family Therapists, Mental Health Counselors, Home Visitors, Family Support Workers, Early Childhood Teachers, Outreach Workers, Behavior Support specialists, and anyone providing parenting education and/or counseling to parents of young children.

Cost:
\$1,000 USD (includes COSP video content, COSP Training Manual, Parent Handouts, Access to online resources, License to use the above materials to teach COSP to caregivers). This cost (minus a \$200 USD cancellation fee) is refundable up to 14 April 2020.
After this date it may only be transferred to another person.
Late Registration:
\$1,100 USD if registered on or after 31 March 2020.
Group rates:
5-9 people 10% discount, 10 or more 15% discount

Learning Objectives of the Training:

- Understand the theoretical foundation of the Circle of Security
- Shift caregiver focus from behavior management to enhancing the quality of relationship
- Understand specific steps to build self-reflection in caregivers
- Use video examples to support increased empathy in caregivers
- Identify new options to help caregivers manage emotions
- Learn step-by-step approaches for promoting secure attachment in children

"The COSP program is an outstanding contribution and a "must see" for parents of young children. Focusing on how parent/child relationships can be strengthened, this unique approach teaches parents, and those helping them, new ways to understand children's needs and behavior. It also offers effective ways to respond to these needs and behaviors. I have found it invaluable in my own work with parents of young children."

Charles H. Zeanah, M.D.
Tulane University School of Medicine
Editor, Handbook of Infant Mental Health

To Register:
Registration is open. Go to www.circleofsecurityinternational.com
For questions, contact the COSI Registrar at: registration@circleofsecurityinternational.com
*COSP materials may only be used by those who have completed the 4-Day training. Completion of the 4-Day training does not grant permission to train others in the use of COSP.



REDgen

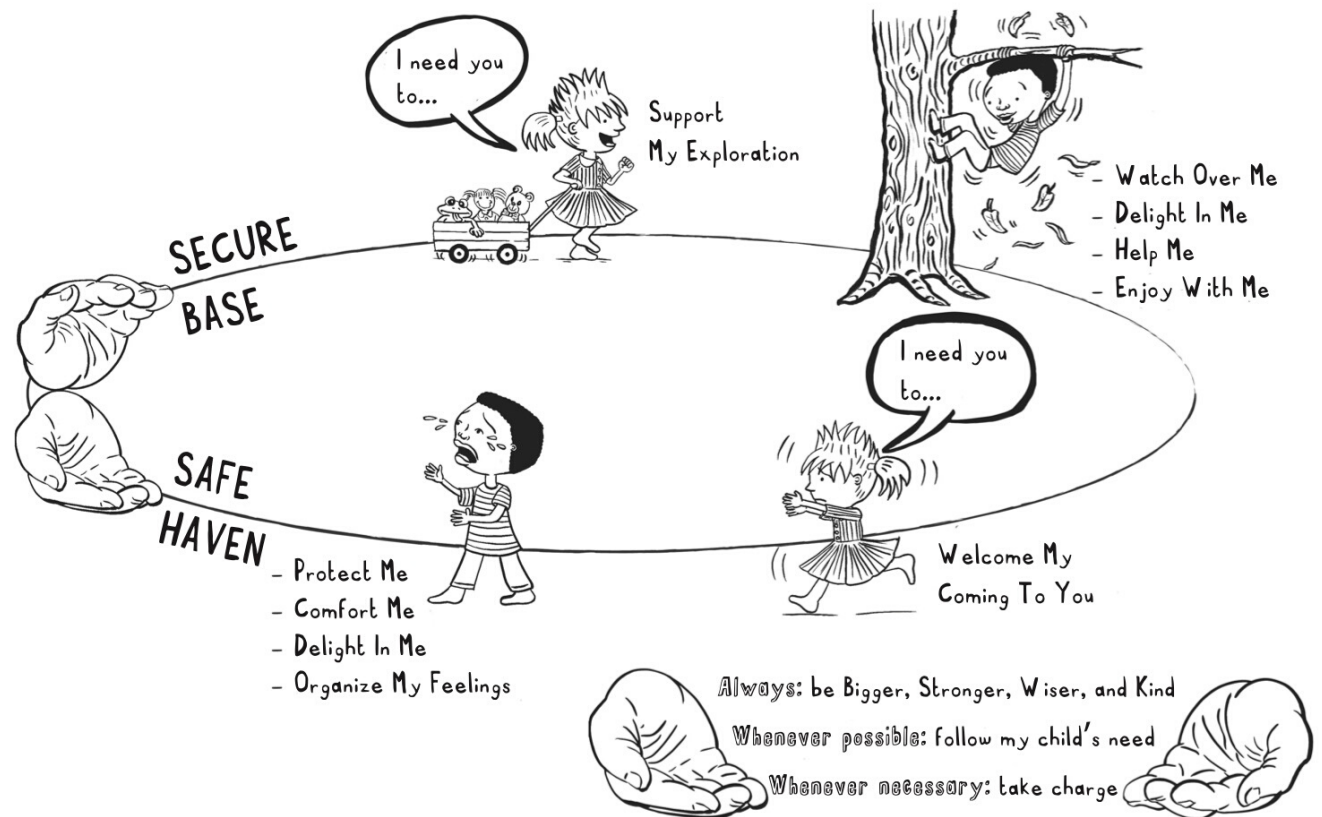


Circle of Security Parenting Intervention

- Based on decades of attachment research
- 8 week video based parenting intervention
- Builds reflective capacity in adults
- Improves relationships between caregivers and children

Circle of Security®

Parent Attending To The Child's Needs



The image features a dark blue background with the word "Questions?" in a large, white, sans-serif font. In the top-left and bottom-left corners, there are decorative geometric patterns. These patterns consist of overlapping diamond shapes. The top-left pattern has a yellow-orange diagonal line pattern and a light blue outline. The bottom-left pattern has a light blue diagonal line pattern and a yellow-orange outline.

Questions?