

Community Intervention Program (CIP) – **SAMPLE plan**

Please submit a statement describing how your county plans to use the Community Intervention Program funds for SFY 2019 that includes the following:

1. A concise description of your community intervention program plan including:

a. County plan(s) to implement;

X County will use its SFY19 CIP allocation to help fund its 'Crisis Assistance Program' (CAP) through a subcontract with the Family Counseling Center (FCC). The FCC will provide crisis services to youth and their families as an early intervention for youth who have offended for the first time. Crisis workers attempt to contact a family within 24 hours and begin working with the family as soon as possible to reduce the likelihood of future or additional delinquency referrals. Services will be provided to youth and families for a period of approximately 4-6 months, and are aimed at improving family relations, providing support to family members and youth, counseling youth about accountability and helping youth and families develop coping and interpersonal communication skills. Families who have a youth in the home who may be at risk of removal from the home will be prioritized for services.

b. The changes that the program plans to effect;

X County's goal is to reduce its out of home care referrals by 50% during SFY19 by providing emergency services to families when there is a critical need and one or more youth in the family are at risk of being removed from the home.

c. An explanation of how the proposed program component(s) fit into and strengthen the county's continuum of youth justice services (e.g., how it fills a gap, or how it enhances existing work for improving early intervention services for first offenders and/or intensive community-based intervention services for seriously chronic offenders, per Wis. Stat. §48.528(1)).

Families in X County most commonly access family therapy services after a youth has been referred and a delinquency petition filed. With its CIP funds, X County will be able to provide crisis family therapy services to more youth and families who have been referred for the first time to the youth justice system, enabling X County to serve families who previously may not have had access to crisis services. Current research demonstrates that low risk youth should be diverted from the delinquency system to prevent the youth or the family from moving deeper into the system. Many delinquency petitions for first time offenders in X County are the result of domestic disputes in the home. X County cannot provide crisis and prevention services to all the families that need them through county levy alone. Families benefit from the services provided through CAP because crisis staff work one on one with parents teaching them how to de-escalate their

child's behavior. At the same time, the crisis workers engage youth and assist them with developing coping skills.

2. A concise description of each of the following:

- a. Inputs: the resources that go into the program (may include staffing, services, supplies, incentives, etc.)

X County will purchase direct units of service from the Family Counseling Center (FCC) through a subcontract. The Family Counseling Center will provide a crisis worker to respond to families ideally within 24 hours of the youth's referral, but no later than 7 days after receiving the referral. X County's SFY19 CIP funds will be used to cover each crisis worker's hourly rate of \$30 an hour.

- b. Activities: the activities the program undertakes (may include classes/sessions, counseling, training, programming or other activities)

The Family Counseling Center crisis team will provide in home crisis assistance and family and individual therapy services to youth and their families.

- c. Outputs: what is directly produced by the activities, (e.g., the number/type of clients served, number of classes taught, number of sessions held, etc.)

X County's goal is to serve 45-50 families in crisis with emergency services and support. Each family will receive weekly emergency services for a minimum of 4 months and a maximum of 6 months.

- d. Outcomes: this may include client/individual outcomes (such as new knowledge, increased skills, modified behavior, or other changes), family/community outcomes, systemic outcomes, and/or organizational outcomes.

Family members will learn how to effectively de-escalate their child's behavior, youth developing coping, self-care and communication skills. Additionally families will develop a plan for how they will handle future crises, including who they can contact for assistance, where the youth or another family member can go to calm him or herself, and how to communicate with each other to prevent the situation from escalating further. Through increased and improved communication within families, more youth will be able to remain in their home and the number of out of home care referrals will be reduced.

- e. Indicators: these are specific measureable characteristics or changes that represent achievement of an outcome (these are observable and answer the question: "How will we know the program worked?")

X County will measure the effectiveness of the Crisis Program through the following measures:

- *Family and youth participants will be surveyed at the end of their term of crisis services to assess knowledge gained through their meetings with their crisis workers.*
 - *X County will track the number of delinquency referrals received on the youth who received services through CAP during the 6 months after their crisis services end.*
 - *X County will track the number of out of home care referrals received on the youth who received services through CAP during the 6 months after their crisis services end.*
3. Evidence of collaborative efforts in designing and implementing the proposed program components with other involved agencies and/or stakeholders.

X County Human Services works and collaborates with its Coordinated Service Team (CST), which includes representatives from the Department of Health Services, local service providers and members of local school districts. The services available through the Crisis Assistance Program complement the work of the CST because families can receive emergency services that are not typically available through the CST. In consultation with its CST, X County developed the CAP to address a gap in services for first time offending youth and their families. The crisis staff will consult with and make referrals to the CST when appropriate so that youth and families may continue to receive services as needed. This will enhance the continuum of care in X County and allow more youth to live in their home and have their needs and the needs of their family met in the community.