

Wisconsin Trauma Project

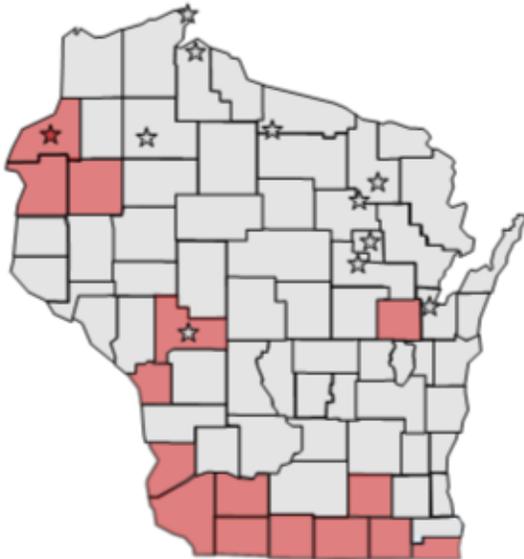
2018 ANNUAL UPDATE

The Wisconsin Trauma Project, an initiative of the Division of Safety & Permanence in the Department of Children and Families (DCF), introduces evidence-based trauma treatment into the child welfare service array; provides trauma training to kinship caregivers, birth, adoptive and foster parents, as well as child-serving professionals; and provides organizational and system training, consultation and technical support to build a more trauma-responsive system of care.

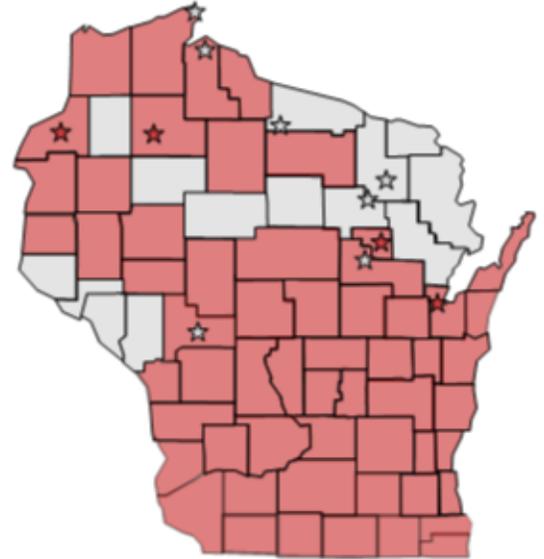
The Wisconsin Trauma Project is supported by the federal Promoting Safe and Stable Families (PSSF) Program and the Substance Abuse and Mental Health Services Administration (SAMHSA).

By the end of 2018, **58** counties and **four** tribes participated in trauma-specific training and technical assistance through the Project; representing **86%** of the state. 2018 was the last year of the three-year expansion of the Project.

2012—2015



2016—2018



Red indicates counties and tribes that have participated in at least one of the three components of the Project. Tribes are represented by stars on the map.

Children and Families have Greater Access to Trauma-informed Supports:

- ◆ **Clinicians trained in trauma-informed therapies are more widely available:** 743 clinicians from 50 counties and two tribes received training in three trauma-specific, evidence-based therapies—Trauma-focused Cognitive Behavioral Therapy (TF-CBT), Parent-Child Interaction Therapy (PCIT), and Child-Parent Interaction Therapy (CPP)
- ◆ **Children and youth receiving services are experiencing positive outcomes:** 90% of children who completed the TF-CBT model had a decrease in trauma-related symptoms including depression, anxiety, shame, and relationship difficulties
- ◆ **Families and providers are better equipped to support children exposed to trauma:** Over 2,000 birth, foster, and adoptive parents, relative caregivers, child-serving professionals from 18 counties and two tribes participated in trauma workshops
 - 57 local individuals were developed into trainers of a trauma workshop curriculum. These local trainers will continue to facilitate workshops in their communities.



Wisconsin Trauma Project-Related Initiatives

Wisconsin Trauma and Recovery Project

2018 was the first full year of the Wisconsin Trauma and Recovery Project funded by a five-year grant from the SAMHSA. The Wisconsin Trauma and Recovery Project aims to promote accessible, coordinated, and effective trauma-focused treatments for children and families that are in the child welfare system or that are at risk of entering the system.

DCF works with these Core Partners to carry out the Project's goals: **Children's Hospital of Wisconsin (CHW), Office of Children's Mental Health (OCMH) and University of Wisconsin-Milwaukee (UW-M) Helen Bader School of Social Welfare.**

The project will reduce health disparities among underserved racial and ethnic minority groups by 1.) expanding access in Milwaukee and Racine Counties to three evidence-based, trauma-specific therapies (TF-CBT, PCIT, and CPP) and 2.) by strengthening systems of care.

This will be accomplished through increasing consumer participation in systems change efforts, increasing public exposure to mental health awareness message, and increasing agency partners' readiness to integrate trauma-specific treatment into their policies and practices.

"I've never had a more wonderful training experience. Incorporating the neurology, spiritual, energetic, and physiological impacts and factors of trauma is so important to know. I'm so glad I came and I am walking away with a much better understanding."

— Participant, Hawthorn Project
Western Region Training

Wisconsin Hawthorn Project

In 2018, child and family serving agencies were invited to participate in free trauma-informed training, resources and technical assistance through the Wisconsin Hawthorn Project. The Project hosted foundational trauma trainings in all five DCF regions for over 100 participants.

In addition, eight agencies, chosen through an application process, will receive training and technical assistance to support the trauma-informed organizational change process through June 2019.

Fostering Futures Organizational Change Learning Communities

DCF continued its collaboration with Fostering Futures to offer training and technical assistance to state and county agencies implementing trauma-informed principles in their organization. Throughout 2018 Fostering Futures continued to provide technical assistance in trauma-informed organizational change through local coaches to 33 state, county and tribal agencies.

Fostering Futures program staff, evaluators and evaluation team developed a trauma-focused organizational self-assessment that can be utilized by state and local agencies to assess their progress on the trauma-informed culture organizational transformation. The assessment tool will be available Summer 2019.

Update to Trauma Workshop Curriculum

At the end of 2018, Trainers of the "Strengthening Families & Systems: Building Positive Relationships with Children who have Experienced Trauma" curriculum (formerly Trauma-informed Parenting) and DCF staff completed an update to the curriculum including more inclusive language for birth parents and child-serving professionals. The updated curriculum also includes new activities and more stream-lined content.

The curriculum is available to new and continuing trauma workshop sites.

For additional information about the Trauma Project
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