



# Child Care Information Center

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## Videos for Wisconsin Child Care Providers to Borrow:

### PARENTING

*This list is divided into the following sections: general topics; choosing child care; fathers.*

*Go to [www.ccic.wi.gov](http://www.ccic.wi.gov) and click on the tab **Child Care Library** for borrowing procedures and a searchable online catalog of all CCIC's audiovisual resources and books.*

**EMOTION COACHING.** Seattle, WA: Talaris Research Institute, 2005. DVD, 19 min. + book *What Am I Feeling* by John Gottman (48 p.)

Helps parents understand the importance of valuing emotions, both in children and in themselves. Begins by asking parents, "How do you feel about emotions?" which helps to answer the next question: "How do you parent?"

**FAMILY TRANSITIONS: YOUNG CHILDREN SPEAK THEIR MINDS ABOUT DIVORCE.** Michael Trout. Champaign, IL: The Infant-Parent Institute, 1999. DVD, 16 min. + script.

This video tries to capture the feelings of young children whose parents have divorced, feelings that many times cannot be expressed by the children themselves.

**HOW TO DISCIPLINE KIDS WITHOUT LOSING THEIR LOVE AND RESPECT: AN INTRODUCTION TO LOVE AND LOGIC.** By Jim Fay. Golden, CO: Love and Logic Press, 2005. DVD, 94 min.

Jim Fay says that if we discipline in a way that leaves a child seeing us as mean, the child fails to learn respect, responsibility, and self-discipline. In this Public Television program, Fay gives parents, educators, and community leaders advice on how follow two simple rules for raising respectful and responsible kids. 1) Adults set firm limits in loving ways without anger, lectures, threats, or repeated warnings. 2) When a child causes a problem, the adult hands it back in loving ways.

**THE LIFE SAVER KIT.** By Jim Fay and Foster Cline. Golden, CO: Love and Logic Press, 1996. 6 **compact discs**, 7 hrs 15 min. total.

A complete collection of Love and Logic parenting techniques on six CDs: *Four Steps to Responsibility; Raising the Odds for Responsible Behavior; Avoiding Power Struggles with Kids; Love Me Enough to Set Some Limits; Helicopters, Drill Sergeants, and Consultants; "Didn't I Tell You to Take Out the Trash?!"*

**LOVE AND LOGIC: SIMPLE PARENTING STRATEGIES FOR RAISING GREAT KIDS IN COMPLICATED TIMES.** By Charles Fay and Jim Fay. Golden, CO: Love and Logic Press, 2007. DVD, 2 hours.

This presentation about the benefits of raising children the Love and Logic way presents practical solutions to common child behavioral problems. Includes: Get your kids to listen the first time you ask; Avoid power struggles over chores; Use techniques far more powerful than spanking; Help your kids cope with bullying and teasing; Keep parenting simple and fun.

**PAINLESS PARENTING FOR THE PRESCHOOL YEARS II.** By Charles Fay. Golden, CO: Love and Logic Press, 2015. DVD, 2 hours.

This presentation offers advice on dealing with misbehavior in public, handling temper tantrums and melt-downs, teaching your preschoolers to listen the first time you ask, taking power struggles out of bedtime, responding to whining, back-talk or arguing, turning meals into fun times rather than frantic ones, getting kids off to daycare, school, etc. without pulling your hair out, and much more.

**PARENTING CHILDREN WITH SPECIAL MEDICAL NEEDS: LOVE AND LOGIC TOOLS FOR RAISING RESILIENT KIDS.** By Foster Cline and Charles Fay. Golden, CO: Love and Logic Institute, 2007. 2 DVDs, 3 hours.

Whether your child has allergies, asthma, a bleeding disorder, cystic fibrosis, diabetes, epilepsy, cancer, an injury, or any other health issue, this video explains essential parenting skills to help children of all ages cope well with challenges, adhere to medical requirements, and live a hope-filled life.

**PREPARING FOR PARENTHOOD.** With Whoopi Goldberg. Los Angeles, CA: I Am Your Child Foundation, 2002. DVD, 32 min. + booklet.

Includes information on forming healthy habits before and during pregnancy, the importance of prenatal care, how to prepare for your baby's birth, and how and where to get help with your questions.

**STEPPARENTING WITH LOVE AND LOGIC.** By Charles Fay. Golden, CO: Love and Logic Press, 2015. DVD, 2 hours.

Takes a positive yet realistic look at this subject from the eyes of the birth parent, stepparent, and the children.

**STOP SMOKING NOW: REASONS NOT TO SMOKE WHEN YOU'RE PREGNANT.** With Rob Reiner. Los Angeles, CA: I Am Your Child Foundation, 2003. DVD, 20 min.

When you're pregnant, everything you eat, drink and breathe affects your health and your baby's health. So when you smoke, your baby does too. Quitting smoking is one of the most important things you can do for yourself and your baby. When you stop smoking, you increase the amount of oxygen your baby will get; you lower the risk that your baby will be born too early; and you increase your chances of having a healthy baby. This video provides support, guidance and information about resources to help you resist the urge to smoke.

**TODDLERS AND PRE-SCHOOLERS: LOVE AND LOGIC PARENTING FOR EARLY CHILDHOOD, 6 MONTHS TO 5 YEARS.** By Jim Fay and Foster Cline. Golden, CO: Love and Logic Press, 1997. 2 compact discs, 114 min. total.

How to use the Love and Logic approach to take the frustration, stress, and confusion out of parenting a toddler.

**TOUCHPOINTS: THE BRAZELTON STUDY.** By T. Berry Brazelton. New York: Goodtimes Home Video, 1991. DVD, 142 min.

Touchpoints are the predictable times which precede rapid outbursts of learning for both child and parent. In these videos for parents, Dr. T. Berry Brazelton talks with 12 families over a two-year period in order to help them and the parents viewing the tapes anticipate and work through crucial touchpoints in their children's early years.

**Part 1.                   Pregnancy, Birth and First 4 Weeks of Life** (47 min.)

Deals with the key issues of pregnancy, delivery and the first few weeks of life, including newborn assessment, crying and calming, attachment, and the process of becoming a family.

**Part 2.                   First Month Through First Year** (45 min.)

Months 1-4 cover issues concerning communication and adjusting to being a parent. Months 5-8 cover cognitive and motor development, feeding and sleep. Months 12-15 cover negativism, tantrums and teasing.

**Part 3.                   One Year Through Toddlerhood** (50 min.)

Covers sibling rivalry: how to prepare for rivalries before the birth of your child, dealing with the new baby, regression and how to "stay out of it". Also covers discipline: spoiling, learning from limits, teasing, and consistency. Final segment covers toilet training.

See also the lists on Child Guidance and Infants, Toddlers, and Twos.

## **CHOOSING CHILD CARE**

**THE PRE-K PROMISE.** With Rob Reiner. Beverly Hills, CA: Parents Action for Children, 2006. DVD, 28 min.

Quality preschool programs for three- and four-year-olds are one of the surest routes to success in school and beyond, according to various studies. But finding a high-quality pre-k program at an affordable price can be challenging. This video, featuring well-know experts on early care and education, helps parents understand: how preschool programs can benefit young children; what a quality preschool program looks like; what questions to ask when evaluating a preschool; and how to help make quality, affordable preschool programs more widely available.

**QUALITY CHILD CARE: MAKING THE RIGHT CHOICE FOR YOU & YOUR CHILD.** With Maria Shriver. Beverly Hills, CA: I Am Your Child Foundation, 1998. DVD, 29 min.

Tells what parents should look for and ask about when choosing child care and explains why quality child care is so important for a child's healthy development.

# FATHERS

**FATHERS' INVOLVEMENT IN CHILDREN'S LEARNING: TOOL KIT.** Washington, DC: Partnership for Family Involvement in Education, 2000? **CD-ROM.**

The U.S. Departments of Health and Human Services and Education have worked together to provide ideas, strategies, and tools for teachers, school principals, child care providers, and others to successfully involve fathers in children's learning, including readiness to learn at school, at home, and in the community. This CD-ROM contains publications, information, video clip, and tips they recommend.

**TO BE A FATHER.** With Ray Romano. Los Angeles, CA: I Am Your Child Foundation, 2000? DVD, 29 min.

Includes information on how fathering begins even before the baby is born, how dads can connect with their children from the start, what fathers can do to foster a close relationship with their children, how fathers can overcome the challenges of parenting under special circumstances like separation and divorce.

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*The Wisconsin Child Care Information Center is part of the  
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